

# Psychology Externship Training Program

## Gastroenterology Rotation

**2025-2026**

Children's Hospital Colorado/University of Colorado School of Medicine offers a psychology externship training program in Pediatric Health Psychology. The extern will have the opportunity to work with patients and families seen in the Digestive Health Institute at Children's Hospital Colorado. A variety of experiences will be available including participation in the interdisciplinary Neurogastroenterology/Motility, Inflammatory Bowel Disease, and Celiac Disease Clinics as well as in the specialized GI Psychology co-located outpatient clinic. Children and families are seen for evaluation and support of coping with illness, symptom management (pain, nausea, vomiting, sleep, and defecation disorders), implementation and adherence to lifestyle and medical recommendations that are central to treatment of these disorders, as well as psychiatric comorbidity that may be present. The interdisciplinary teams include physicians, nurses, dietitians, physical therapy, and social work. The extern will conduct health and behavior assessments and provide treatment to children and adolescents seen in the outpatient clinics. Treatment is solution oriented and short-term using evidenced based/ informed approaches including Behavioral Therapy, Cognitive Behavioral Therapy, and Acceptance and Commitment Therapy.

**Number of Positions: 1**

**Time Commitment: 8-16 hours per week**

- Required - Mondays, Tuesdays, or Thursdays (1-2 days based on extern preference)

**Dates: June 23, 2025 - June 19, 2026**

Please note: MANDATORY ORIENTATION is held during the first two weeks of the externship. Block your schedule accordingly, making arrangements with your academic program and personal calendar.

### Requirements:

- Be enrolled in at least the 3<sup>rd</sup> year of an APA accredited Doctoral Program in Clinical, Counseling, Clinical Health, or School Psychology
- Have completed coursework in child and/or adolescent assessment and treatment
- Have experience with child and/or adolescent assessment and treatment
- Preference for applicants with a background in pediatric psychology or working on multidisciplinary medical teams
- Have proof of malpractice coverage: must be provided by the extern's training institution or by the extern prior to the start date
- Be available to start the externship on June 23, 2025 and the following two weeks for MANDATORY ORIENTATION
- Have completed the attestation form with signature

\*\*Those applicants selected for externship will be subject to drug screening and criminal background checks (there may be associated costs so speak with your graduate program as these fees are not covered by CHCO). Unacceptable results on the criminal background check or drug screening may result in dismissal from the program.

## **APPLICATION PROCEDURES**

**A completed application consists of the following materials:**

1. Cover Letter
2. Curriculum Vitae
3. 2 letters of recommendation
4. Attestation of Professional Conduct
5. Extern Application Face sheet

### Emailed by February 1, 2025 at 5pm to the following:

1. CHCO Psychology Training Program email  
Email: [CHCOPsychTrainingprogram@childrenscolorado.org](mailto:CHCOPsychTrainingprogram@childrenscolorado.org)
2. If you have questions please email Tamara Zangrilli, Operations Coordinator  
Email: [Tamara.Zangrilli@childrenscolorado.org](mailto:Tamara.Zangrilli@childrenscolorado.org)

### Recruitment Timeline

February 1, 2025 @ 5pm:	Application deadline (early submissions encouraged!)
February 7 - 21, 2025:	Interviews scheduled (early interviews available with early, complete submissions)
February 24 - March 1, 2025:	Positions offered, prompt confirmation of acceptance/declination requested

### Supervision

The goal of supervision is to support the extern during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. Additional supervision and consultation will be provided as needed. Extern will have 1 hour of weekly, individual supervision paired with live supervision.

## **DUTIES OF PSYCHOLOGY TRAINEES**

Extern will provide health and behavior assessments and interventions in a variety of multidisciplinary clinics (neurogastro, inflammatory bowel disease and/or celiac disease) as well as a GI psychology co-located clinic. The extern will be responsible for chart review and patient preparation. The extern will learn to conduct and lead assessment and intervention sessions through a developmental model. The extern will also have opportunities for documentation and care coordination tasks in a multidisciplinary setting.

### Externship Components

Externs are exposed to a variety of treatment approaches, interventions, and modalities through instruction and observation to augment their previous clinical experiences. These training experiences are organized to provide direct clinical, assessment, and consultation experiences in child clinical and pediatric psychology.

Extern will have clinical hours dedicated in multidisciplinary clinics as well as co-located clinic. The extern will also have administration time to work on documentation, case preparation and care coordination. Opportunities to participate in program development are available based on the extern's interest and availability.

### Services provided

This externship placement provides students with the opportunity to work in a regionally and nationally prominent pediatric health care facility affiliated with the Anschutz Medical Campus and the Division of Child and Adolescent Psychiatry. Specifically, the extern will provide health and behavior assessment; brief, evidence-based intervention; and consultation on a multidisciplinary GI team.

### Type of clients served on this externship

Children and adolescents, ages 0-21, and their families served in Children's Hospital Colorado. Patients are representative of Colorado and surrounding states in terms of race and ethnicity.

### General Information:

Supervised by: Monique Germone, Ph.D., Cat Naclerio, Psy.D., Julie Rinaldi Ph.D., & Christine Reinhard, Ph.D.,

**Theoretical Orientation:** Brief, evidence-based assessment and treatment with a significant focus on cognitive-behavioral, behavioral therapy, acceptance and commitment therapy, and solution-focused treatment modalities

**Supervision format:** 1 hour of individual supervision paired with live supervision

**Ratio of hours (supervision to clinical hours):** 1:8

**Number of psychology trainees on site:** 1 psychology extern, 1 predoctoral intern, 1 postdoctoral fellow

**Number of hours/week externs work for this rotation:** 8-16 hours based on extern preference



Children's Hospital Colorado Department of Psychiatry and Behavioral Sciences  
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