Community Health Implementation Strategies Annual Progress Report for

Children's Hospital Colorado, Anschutz Campus & South Campus

Time Period: July 2022-June 2023

Goal 1: Improve mental health awareness and reduce the risk of suicide

| Strategy | Status |
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| Partners for Children's Mental Health (PCMH) will train trusted adults to meet child and youth mental health needs and provide implementation support in schools, clinical settings, and communities. PCMH plans to expand trainings, including the diversity of trainees and regions served. | In progress 777 professionals have received PCMH training including 3,458 contact hours 209 community members have received PCMH training including 483 contact hours 6 clinics have implemented formal suicide screenings including 78 providers trained that have implemented formal suicide screenings |
| Screen for suicide ideation and depression in various clinical settings | In progress Community presentation through Children's Colorado's Collaboration Laboratory focused on community input on Youth Suicide Screening & Response Engagement with the Mental Health Family Advisory Council to gather input on screening intervention Pilot screening for both depression and suicide ideation started in summer 2023 and the full hospital system go-live was in August 2023 |
| Pediatric Mental Health Institute (PMHI) Speakers Bureau (SB) and Community and Corporate Relations (CCR) will educate and raise awareness of child mental health needs, resources and supports, and skill building | In progress 160 attendees at PMHI community presentations on mental health Charting Pediatrics (a Children's podcast) Mental Health Series launched in August 2022 with 12 episodes in total First screening of "Wait to Nowhere" youth mental health crisis documentary for CHCO team members Additional media releases/mentions: Colorado Sun story on hosting first mental health forum with Senate candidates: |

| https://www.cbsnews.com/news/emergency rooms-children-mental-health/ U.S. Surgeon General attends Colorado youth mental health panel mentioned in Denver 7 ABC: https://www.denver7.com/news/local- news/u-s-surgeon-general-attends-colorado- youth-mental-health-panel- 5f4a9e2cc82d.html | rooms-children-mental-hea U.S. Surgeon General attended mental health panel mention ABC: https://www.denver7 https://www.denver7 news/u-s-surgeon-general-youth-mental-health-panel | -health/ ttends Colorado youth entioned in Denver 7 ver7.com/news/local- eral-attends-colorado- |
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Goal 2: Improve systems of care and access to mental health services

| Strategy | Status |
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| Children's Government Affairs, Medicaid Strategy and PCMH teams will advocate for and support funding, legislation, regulations, and policies that improves access to high-quality mental health services for Colorado youth | During the 2023 legislative session, Children's Colorado's Government Affairs, Medicaid Strategy and PCMH teams collaborated on over 34 amendments on 14 bills, coordinated testimony from 28 experts at committee hearings, submitted 10 letters on pending legislation, and empowered constituents to send 2,520 emails to state lawmakers. These legislative efforts led to a strong voice for Colorado kids on several polices, including House Bill 23-1269 to improve outcomes for kids with complex mental health needs by increasing access to services and strengthening accountability for children and youth who end up boarding or staying for an extended period of time in hospitals and Senate Bill 002 that will enable community health workers to be reimbursed by Medicaid to improve patient health outcomes, address health disparities and reduce healthcare costs while also expanding and diversifying the healthcare workforce. Annually, Children's Colorado's leads a Youth Mental Health Advocacy Day at the Capitol. School nurses testified and Children's Colorado advocated for a school mental health screening bill (HB 23-1003) that passed successfully. |

| | Children's Colorado <u>hosted U.S. Surgeon</u> <u>General Dr. Vivek Murthy</u> to take part in a youth mental health panel. |
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| The Virtual Integrated Pediatric Behavioral Health | Discontinued - This program was not launched |
| Program (VIPBHP) will provide mental health | due to shifting priorities within our Pediatric |
| services and consultation through telehealth to | Mental Health Institute. |
| primary care practices (PCPs) and coordinate care | |
| between PCPs and schools | |

Goal 3: Promote protective factors and reduce risk factors for mental health conditions

| Strategy | Status |
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| Expand social needs screenings to inpatient settings | In progress – Pilot screening started in April 2023 and the full hospital system go-live will be in August 2023. |
| Address social barriers to care by providing supports, education, and referrals | In progress • 14,025 families served by Community Health Navigators (AMC) • 1,196 families served by Resource Connect (AMC) • 320 car seats distributed (AMC) • 409 car seat education materials distributed/presentations (AMC) • 59 proof of education checklists for Safe Sleep participants (AMC) |
| Create a culturally responsive, equitable, and inclusive environment by training, mentorship, and workforce development with staff and community members | In progress |

| Provide community-based asthma programs to strengthen the circle of support for patients with asthma to improve health outcomes. These programs plan to expand geographically and potentially add direct mental health support. | In progress 456 patients seen by community health navigator 428 participants in AsthmaCOMP 65 patients who received a home visit through Just Keep Breathing |
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| In partnership with local schools, increase access to both behavioral health resources and clinical services in school settings. | In progress 3,083 hygiene kits distributed 574 students received a dental hygiene visit 450 students received an oral health screening 134 sealants provided >50,000 participants who have received executive functioning resources from Unstuck and On Target 29,002 visitors for a total of 48,563 total visits to Unstuck and On Target website 357 participants in Colorado who have enrolled in Unstuck and On Target Unstuck and On Target had its public launch of free educator CE Training |

Goal 4: Promote community voices and engagement to inform, advise, and shape mental health priorities and systems of care

| Strategy | Status |
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| Develop and participate in coalitions and councils with people with lived experience, community advocates, and governmental agencies to ensure community voices shape mental health policies and systems of care | In progress 11 youth participate on the PCMH youth committee to provide recommendations for PCMH strategies Hundreds of individuals signed up to be part of the Child Health Champion Network Active collaborations with Colorado Alliance for School Health, Safe Kids Colorado, Aurora Health Alliance, Colorado Blueprint to End Hunger, and many others The Family Advisory Councils at Children's Colorado continue to play a critical role in advocating for improvements to the system of care and health outcomes for children and families. |

Note: Unless otherwise noted, measures shown in this report reflect activities in both the Anschutz/South and Colorado Springs communities.