

Community Health Implementation Strategies
 Annual Progress Report for
 Children’s Hospital Colorado, **Colorado Springs**
 Time Period: July 2022-June 2023

Goal 1: Improve mental health awareness and reduce the risk of suicide

Strategy	Status
The Building Resiliency for Healthy Kids Program will provide a community responsive and research-based upstream approach for youth through 1:1 coaching, peer coaching, and community collaborations	In progress <ul style="list-style-type: none"> • 2,700 1:1 coaching sessions completed (CSH) • 485 students served (CSH) • 4 participating schools (CSH)
Partners for Children’s Mental Health (PCMH) will train trusted adults to meet child and youth mental health needs and provide implementation support in schools, clinical settings, and communities. PCMH plans to expand trainings, including the diversity of trainees	In progress <ul style="list-style-type: none"> • 777 professionals have received PCMH training including 3,458 contact hours • 209 community members have received PCMH training including 483 contact hours • 6 clinics have implemented formal suicide screenings including 78 providers trained that have implemented formal suicide screenings
Screen for suicide ideation and depression in various clinical settings	In progress <ul style="list-style-type: none"> • Community presentation through Children’s Colorado’s Collaboration Laboratory focused on community input on Youth Suicide Screening & Response • Engagement with the Mental Health Family Advisory Council to gather input on screening intervention • Pilot screening for both depression and suicide ideation started in summer 2023 and the full hospital system go-live was in August 2023
Pediatric Mental Health Institute (PMHI) Speakers Bureau (SB) and Community and Corporate Relations (CCR) will educate and raise awareness of child mental health needs, resources and supports, and skill building	In progress <ul style="list-style-type: none"> • 160 attendees at PMHI community presentations on mental health • Charting Pediatrics (a Children’s podcast) Mental Health Series launched in August 2022 with 12 episodes in total • First screening of “Wait to Nowhere” youth mental health crisis documentary for CHCO team members • Additional media releases/mentions: <ul style="list-style-type: none"> ○ Colorado Springs story in the Gazette on disordered eating featuring two patient

	<p>ambassadors: https://gazette.com/health/eating-disorders-in-colorado-teens-young-adults-rose-during-pandemic/article_f0a58e26-3aae-11ed-a340-df0ded8b6982.html (CSH)</p> <ul style="list-style-type: none"> ○ Colorado Sun story on hosting first mental health forum with Senate candidates: https://coloradosun.com/2022/10/19/senate-mental-health-debate/ ○ Mental health crisis with Children’s Hospital Colorado mentioned in CBS on issue of youth mental health and kids languishing in the emergency department: https://www.cbsnews.com/news/emergency-rooms-children-mental-health/ ○ Children’s Hospital Colorado Springs helping children with therapy, behavioral health needs mentioned in the Gazette: https://gazette.com/health/childrens-hospital-in-colorado-springs-helping-thousands-of-kids-with-therapy-behavioral-health-needs/article_1d80e296-efa0-11ed-97e3-5f4a9e2cc82d.html (CSH) ○ U.S. Surgeon General attends Colorado youth mental health panel mentioned in Denver 7 ABC: https://www.denver7.com/news/local-news/u-s-surgeon-general-attends-colorado-youth-mental-health-panel
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Goal 2: Improve systems of care and access to mental health services

Strategy	Status
<p>Children’s Government Affairs, Medicaid Strategy and PCMH teams will advocate for and support funding, legislation, regulations, and policies that improves access to high-quality mental health services for Colorado youth</p>	<p>In progress</p> <ul style="list-style-type: none"> • During the 2023 legislative session, Children’s Colorado’s Government Affairs, Medicaid Strategy and PCMH teams collaborated on over 34 amendments on 14 bills, coordinated testimony from 28 experts at committee hearings, submitted 10 letters on pending legislation, and empowered constituents to send 2,520 emails to state lawmakers. • These legislative efforts led to a strong voice for Colorado kids on several polices, including House Bill 23-1269 to improve

	<p>outcomes for kids with complex mental health needs by increasing access to services and strengthening accountability for children and youth who end up boarding or staying for an extended period of time in hospitals and Senate Bill 002 that will enable community health workers to be reimbursed by Medicaid to improve patient health outcomes, address health disparities and reduce healthcare costs while also expanding and diversifying the healthcare workforce.</p> <ul style="list-style-type: none"> • Children’s Colorado’s led a Youth Mental Health Advocacy Day at the Capitol. • School nurses testified and Children’s Colorado advocated for a school mental health screening bill (HB 23-1003) that passed successfully. • Children’s Colorado hosted U.S. Surgeon General Dr. Vivek Murthy to take part in a youth mental health panel.
<p>The Virtual Integrated Pediatric Behavioral Health Program (VIPBHP) will provide mental health services and consultation through telehealth to primary care practices (PCPs) and coordinate care between PCPs and schools</p>	<p>Discontinued - This program was not launched due to shifting priorities within our Pediatric Mental Health Institute.</p>

Goal 3: Promote protective factors and reduce risk factors for mental health conditions

Strategy	Status
<p>Expand social needs screenings to inpatient settings</p>	<p>In progress – Pilot screening started in April 2023 and the full hospital system go-live was in August 2023.</p>
<p>Address social barriers to care by providing supports, education, and referrals</p>	<p>In progress</p> <ul style="list-style-type: none"> • 1,816 families served by Community Health Navigators (CSH) • 54 participants in Shaken Baby Syndrome education program (CSH) • 47 car seats distributed (CSH) • 13 car seat education materials distributed/presentations (CSH)
<p>Create a culturally responsive, equitable, and inclusive environment by training, mentoring, and</p>	<p>In progress</p>

<p>developing workforce with staff and community members</p>	<ul style="list-style-type: none"> • 1,180 team members participating in the Team Member Resource Groups • 35 healthcare providers trained in the CAPE simulation trainings • 34 community advocates represented in the CAPE simulation trainings • 20 CAPE simulation trainings • 18 Children’s Colorado team members trained as Captains of Inclusion • 4 participants enrolled in Kindred Mamas mentorship program • The DHEI team hosted the organization’s first Lunar New Year celebration with Guiding Mountain (a dance troupe) • The DHEI team onboarded a new team member and expanded capacity of department programming
<p>Provide community-based asthma programs to strengthen the circle of support for patients with asthma to improve health outcomes. These programs plan to expand geographically and potentially add direct mental health support.</p>	<p>In progress</p> <ul style="list-style-type: none"> • 456 patients seen by community health navigator • 428 participants in AsthmaCOMP • 65 patients who received a home visit through Just Keep Breathing
<p>In partnership with local schools, increase access to both behavioral health resources and clinical services in school settings.</p>	<p>In progress</p> <ul style="list-style-type: none"> • >50,000 participants who have received executive functioning resources • 29,002 visitors for a total of 48,563 total visits to Unstuck and On Target website • 357 participants in Colorado who have enrolled in Unstuck and On Target • Unstuck and On Target had its public launch of free educator CE Training

Goal 4: Promote community voices and engagement to inform, advise, and shape mental health priorities and systems of care

Strategy	Status
<p>Develop and participate in coalitions and councils with people with lived experience, community advocates, and governmental agencies to ensure community voices shape mental health policies and systems of care.</p>	<p>In progress</p> <ul style="list-style-type: none"> • 11 youth participate on the PCMH youth committee to provide recommendations for PCMH strategies. • Hundreds of individuals signed up to be part of the Child Health Champion Network.

	<ul style="list-style-type: none">• Active collaborations with Colorado Alliance for School Health, Safe Kids Colorado, Aurora Health Alliance, Colorado Blueprint to End Hunger, and many others.• The Family Advisory Councils at Children’s Colorado continue to play a critical role in advocating for improvements to the system of care and health outcomes for children and families.
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Note: Unless otherwise noted, measures shown in this report reflect activities in both the Anschutz/South and Colorado Springs communities.