

Community Health Implementation Strategies
 Annual Progress Report for
 Children’s Hospital Colorado, **North Campus**
 Time Period: July 2023-June 2024

Overview

For our 2022 Community Health Needs Assessment, we took a holistic approach to addressing our three priorities identified in our needs assessment for North Campus: mental health, access to care and food insecurity.

Priority Area: Mental Health

To impact mental health, our approach focuses on four goals:

1. Improve mental health awareness and reduce the risk of suicide
2. Improve systems of care and access to mental health services
3. Promote protective factors and reduce risk factors for mental health conditions
4. Promote community voices and engagement to inform, advise and shape mental health priorities and systems of care

Goal 1: Improve mental health awareness and reduce the risk of suicide

Strategy	Status
<p>Partners for Children’s Mental Health (PCMH) will train trusted adults to meet child and youth mental health needs and provide implementation support in schools, clinical settings, and communities. PCMH plans to expand trainings, including the diversity of trainees and regions served.</p>	<p>In progress</p> <ul style="list-style-type: none"> • 573 professionals have received Pediatric Mental Health Institute training including 925 contact hours • 268 community members have been trained including 268 contact hours • 127 providers have implemented formal suicide screenings • 49 Colorado counties have been reached • 5 school districts engaged • School trainees showed improvement from baseline with an average of 2.1 to 3.6 in improvement in knowledge following the training • Clinic trainees showed improvement from baseline with an average of 2.6 to 3.9 in improvement in knowledge following the training <p>Complete</p> <ul style="list-style-type: none"> • 100% of trained clinics have implemented suicide screening into their workflow

<p>Screen for suicide ideation and depression in various clinical settings</p>	<p>Complete</p> <ul style="list-style-type: none"> • Pilot screening for both depression and suicide ideation started in summer 2023 and the full hospital system go-live was in August 2023 • Suicide and depression screening rate was 76.4% (North)
<p>Pediatric Mental Health Institute (PMHI) Speakers Bureau (SB) and Community and Corporate Relations (CCR) will educate and raise awareness of child mental health needs, resources and supports, and skill building</p>	<p>In progress</p> <ul style="list-style-type: none"> • 63,469 Pediatric Mental Health Institute Department pageviews (Colorado users) • 6,632 mental health pageviews (Colorado users) • 331 media stories about youth mental health featuring Children’s Colorado experts • 123 attendees at community presentation • 9 CME and 4 non-CME presentations related to mental health • 6 NewsNow articles related to mental health • 4 mental health-related media events • 1 community health presentation on mental health • 1 event with mental health resources distributed

Goal 2: Improve systems of care and access to mental health services

Strategy	Status
<p>Children’s Government Affairs, Medicaid Strategy and PCMH teams will advocate for and support funding, legislation, regulations, and policies that improves access to high-quality mental health services for Colorado youth</p>	<p>In progress</p> <ul style="list-style-type: none"> • 809 advocacy letters submitted to elected officials and government agencies • 213 bills monitored • 35 coalitions participated in • 32 experts testified in public hearings • 14 amendments secured on legislation and/or regulations impacting children’s mental health • 5 coalitions built across policy priority areas • 3 media stories generated with an advocacy focus on children’s mental health

	<ul style="list-style-type: none"> • Ended legislative session with several key victories on youth mental health funding and other priorities including car seat safety legislation, housing stability and more • Annually, Children’s Colorado’s leads a Youth Mental Health Advocacy Day at the Capitol • Engaged in 2 priority policy areas. HRSN/SDoH through implementation of CO Medicaid 1115 HRSN waiver (food and housing are the focus areas). Early childhood mental health advocacy and RAE 3.0 reforms on integrated behavioral health.
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Goal 3: Promote protective factors and reduce risk factors for mental health conditions

Strategy	Status
<p>Create a culturally responsive, equitable, and inclusive environment by training, mentorship, and workforce development with staff and community members</p>	<p>In progress</p> <ul style="list-style-type: none"> • 76 education events/opportunities sponsored within the organization by Team Member Resource Groups • 66 Children’s Hospital Colorado policies and procedures consultations with the Experience Different teams • 50 team members trained as Captains of Inclusion with 7 cohorts graduated • The Intercultural Development Inventory (IDI) for Captain of Inclusion cohorts increased from an average baseline of 106.5 to 114.59 • Leadership diversity increased from 17.8% in 2023 to 18.2% in 2024

Goal 4: Promote community voices and engagement to inform, advise and shape mental health priorities and systems of care

Strategy	Status
<p>Develop and participate in coalitions and councils with people with lived experience, community advocates, and governmental agencies to ensure community voices shape mental health policies and systems of care</p>	<p>In progress</p> <ul style="list-style-type: none"> • 406 Child Health Champion volunteer signups • 232 trained advocates through our Resident Advocacy Trainings

	<ul style="list-style-type: none"> • Over 43 Colorado youth applied to participate in the Youth Council on Mental Health and the council holds 22 Colorado youth • Active collaborations that include but are not limited to: Colorado Center on Law and Policy (CCLP), Colorado Cross-Disability Coalition (CCDC), Pediatric Care Network, Building InvestiGative practices for better Health Outcomes Research Network (BIGHORN), Colorado Children's Outcomes Network (COCONet), State Networks of Colorado Ambulatory Practices & Partners (SNOCAP), Partners Engaged in Achieving Change in Health (PEACHnet) and many others • The Family Advisory Councils at Children's Colorado continue to play a critical role in advocating for improvements to the system of care and health outcomes for children and families; currently, there are 12 Family Advisory Councils in the Denver Metro area
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Access to Care

To impact access to care, our approach focuses on three goals:

1. Improve systems of care and access to healthcare servicesPromote navigation supports to increase access to social services and supports that affect access to care
2. Promote navigation support to increase access to social services and supports that affect access to care
3. Promote community partnerships in support of access to care

Goal 1: Improve systems of care and access to healthcare services

Strategy	Status
Children's Colorado Government Affairs and Medicaid Strategy teams will promote access to care, including mental health care and health-related social needs, by supporting funding, legislation, regulations and other policies that improve access to high-quality care	In progress <ul style="list-style-type: none"> • 213 bills monitored • Ended legislative session with several key victories on youth mental health funding and other priorities including car seat safety legislation, housing stability and more

Goal 2: Promote navigation support to increase access to social services and supports that affect access to care

Strategy	Status
Expand social needs screenings to inpatient settings	<p>Complete</p> <ul style="list-style-type: none"> The full hospital system go-live was in August 2023 Social needs screening rate was 90.1% (1,650 screens out of 1,831 inpatient admissions) of inpatient patients screened. Of those admissions, 4.4% screened positive for at least one domain: 2.2% for food, 2.1% positive for utilities, 1.3% positive for housing, <1.0% positive for transportation and <1.0% for interpersonal violence (North)
Address social barriers to care by providing supports, education, and referrals	<p>In progress</p> <ul style="list-style-type: none"> 434 encounters and 321 families served by Community Health Navigators (North)

Goal 3: Promote community partnerships in support of access to care

Strategy	Status
Provide community-based asthma programs to strengthen the circle of support for patients with asthma to improve health outcomes. These programs plan to expand geographically and potentially add direct mental health support.	<p>Not Complete</p> <ul style="list-style-type: none"> This scope of work has not expanded at this time to North Campus
In partnership with local schools, increase access to both behavioral health resources and clinical services in school settings.	<p>In progress</p> <ul style="list-style-type: none"> 51 students with an Individual Health Plan for behavioral health needs 36,542 participants who have received executive functioning resources from Unstuck and On Target 27,525 visitors to Unstuck and On Target website 1,255 participants in Colorado who have enrolled in Unstuck and On Target online training <p>Complete</p> <ul style="list-style-type: none"> Development of an external webpage to share care plan templates and other school health resources

Build partnerships to help promote access to care for Medicaid members	In progress <ul style="list-style-type: none"> Modest improvement in our Region 6 catchment area: 0.8% well-child KPI improvement in latest data for overall well-child rate
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Food Insecurity

To impact food security, our approach focuses on three goals:

1. Strengthen supports for families experiencing food insecurity
2. Raise awareness of the health impacts of food insecurity
3. Promote community partnerships in support of food security

Goal 1: Strengthen supports for families experiencing food insecurity

Strategy	Status
Screen and refer families for food insecurity and public benefits across various settings	In progress <ul style="list-style-type: none"> 99% of families were screened for food insecurity (North) 2.2% of completed screens were positive for food insecurity (37 out of 1,650 screens) (North) 80.0% of patients who screened positive for food insecurity and wanted help received help (North)

Goal 2: Raise awareness of the health impacts of food insecurity

Strategy	Status
Partner with schools and community-based organizations to identify opportunities to promote access to high-quality nutritious food and education	In progress <ul style="list-style-type: none"> The Food as Medicine Team is actively brainstorming with Kid's First Health Care and the 5 Star Education Foundation to coordinate efforts (North)

Goal 3: Promote community partnerships in support of food security

Strategy	Status
Align with statewide efforts to promote food security across community settings, including Blueprint to End Hunger and Hunger Free Colorado	In progress <ul style="list-style-type: none"> The Food as Medicine Team has connected with Jennifer Banyan, one of the original authors of the Blueprint and

	<p>current CEO of R-Evolution Consulting, on addressing the food pantry desert in Adams County (North)</p> <ul style="list-style-type: none"> • The Food as Medicine Team has identified 4 system partners for collaboration (North)
<p>Continue and expand partnerships in schools and with community-based organizations to promote access to high-quality nutritious food</p>	<p>In progress</p> <ul style="list-style-type: none"> • The Food as Medicine Team is advocating on behalf of the Adams County area for Food Bank of the Rockies to increase access to charitable food in the area (North)

Note: Unless otherwise noted, measures shown in this report reflect activities system-wide.