

URINARY CATH TIPS AND TROUBLESHOOTING- Penile Urethra

General Tips

- Have extra catheters on hand including some that are 1 size smaller
- For both penile and vulva urethra, if you are meeting resistance, do not keep trying to pass the catheter, as it will cause the sphincter to spasm and not relax
- For both penile urethra or vulva urethra, if you are meeting resistance, stop and have the child take a deep breath to try to relax the area.

Penile Urethra

- If uncircumcised, you will need to retract the foreskin to visualize the urethra
- Hold the penis upright so the urethra is straight

Interesting fact sterile catheterization vs clean: There is not an increase in infection with clean technique. The bladder becomes colonized with that bacteria over time and it becomes its new “norm”

