CHILDREN'S HOSPITAL COLORADO SCHOOL HEALTH DEPT

URINARY CATH TIPS AND TROUBLESHOOTING- Penile Urethra

General Tips

•Have extra catheters on hand including some that are 1 size smaller

•For both penile and vulva urethra, if you are meeting resistance, do not keep trying to pass the catheter, as it will cause the sphincter to spasm and not relax

•For both penile urethra or vulva urethra, if you are meeting resistance, stop and have the child take a deep breath to try to relax the area.

Penile Urethra

•If uncircumcised, you will need to retract the foreskin to visualize the urethra

•Hold the penis upright so the urethra is straight

Interesting fact sterile catheterization vs clean: There is not an increase in infection with clean technique. The bladder becomes colonized with that bacteria over time and it becomes its new "norm"



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