Sleep Studies

Due to high demand, sleep studies at Children's Hospital Colorado's Sleep Center are scheduled up to three months in advance. If you need to cancel and reschedule your child's sleep study, please note that it may take another three months to be seen.

Sleep study confirmation and cancellation

Please understand that if we do not confirm with you directly, or receive a message from you confirming your appointment, the sleep study will be cancelled.

Please call to confirm your child's appointment 24 to 48 hours before your appointment time. For weekend appointments, you should call to confirm no later than 9 a.m. on Friday.

It is very important you contact us prior to your child's appointment to verify if:

- Your child has had any surgeries or hospitalizations within the last six weeks
- Your child has a cough, cold, runny nose, fever, congestion or any other symptoms of illness
- You have any other questions or concerns

Respiratory infections and other illnesses can interfere with the accuracy of the study, and therefore produce inaccurate results. If your child is ill when he/she arrives, the study will need to be rescheduled.

If your child appears to be ill on the day of the scheduled study, or you must cancel your appointment, call the sleep center as soon as possible. Please leave a message if you are unable to reach a staff member directly.

Contact us

Weekdays, 7 a.m. to 7:30 p.m. 720-777-4513 After hours and weekends 720-777-5787

Please note: If you no-show or do not call to cancel your scheduled appointment, your child will be required to be seen in the Sleep Clinic before the sleep study can be rescheduled. Thank you.



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720-777-1234 | childrenscolorado.org

Children's Hospital Colorado complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. • ATENCION: si habla español, tiene a su disposición servicios gratulicos de asistencia lingüística. Llame al 1-720-777-7234. CHU Y: Neb van not Triếng Việt, có các dich vu ho for yngôn ngữ miền phi dahn cho ban. Goi số 1-720-777-1234.