# **Trainee Competency Evaluation Form**

Trainee Name:      Date of Evaluation:			
Supervisory Team	Members:		
Evaluation Period:	□ July – October	□ November – February □ March – June □ S	Self-Evaluation
Assessment Method	ls used (check all tha	t apply)	
Direct Observation	ı	Case Presentation	□Review of Clinical Notes
□Video tape		□Review of Written Work	Discussion of Clinical Interaction
		□Review of Raw Test Data	$\Box$ Feedback from other staff
<b>U</b>	•		s training. Note that the form offers check-off boxes between has met most of the Level 2 and some but not all of the Level 3

It is expected that interns will progress from 2 - 3 over the course of the training year. Interns are expected to have a 2 or better on 100% of ratings by the final evaluation of the first trimester, a 2.5 or better on 100% of ratings by the final evaluation of the second trimester and a 3 or better on 100% of ratings by the final evaluation of the third trimester.

**1** = Performance at the *Entry Level for an Extern* 

2 = Performance at the *Entry Level for a doctoral Intern* 

2.5 = Performance at the *Mid-Year Level for a doctoral Intern* 

3 = Performance at the Exit Level for a doctoral Intern and Entry Level for Post-Doctoral Fellow

3.5 = Performance at the *Mid-Year Level for a Post-Doctoral Fellow* 

4 = Performance at the *Exit Level for a Post-Doctoral Fellow* 

**5 = Performance at Independent Professional Practice** 

# **Competency I: Research**

Trainees need to demonstrate the substantially independent ability to critically evaluate and disseminate research or other scholarly activities (case conference, presentations, publications) at the local (including the host institution), regional, or national level.

<b>COMPETENCY: RESEAR</b>	СН			
ELEMENT: SCIENTIFIC	MINDEDNESS			
ITEM: 1A Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates an understanding of the importance of scientific thinking	Displays beginning critical scientific thinking	Demonstrates independent critical thinking skills Examples:	Values and applies scientific methods to professional practice Examples:	Independently applies scientific methods to practice Examples:
<ul> <li>Examples:</li> <li>Discusses the need for evidence to support assertions</li> <li>Presents own work for the scrutiny of others</li> </ul>	<ul> <li>Examples:</li> <li>With supervisor, formulates appropriate questions regarding case conceptualization<sup>4</sup></li> </ul>	<ul> <li>Questions assumptions of knowledge</li> <li>Evaluates study methodology and scientific basis of findings</li> <li>Formulates appropriate questions regarding case conceptualization</li> </ul>	<ul> <li>Cites literature to support ideas in case conferences and supervision</li> <li>Generates hypotheses regarding own contribution to therapeutic process and outcome<sup>1</sup></li> </ul>	<ul> <li>Independently accesses and applies scientific knowledge and skills appropriately to the solution of problems</li> </ul>
COMPETENCY: RESEAR ELEMENT: SCIENTIFIC ITEM: 1B	RCH FOUNDATION OF PSYCHOLOGY	ζ.		Not yet achieved Level 1
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates basic understanding of psychology as a science	Demonstrates interest in the science of psychology	Demonstrates beginning level knowledge of core science (i.e., scientific bases of behavior)	Demonstrates intermediate level knowledge of core science (i.e., scientific bases of behavior)	Demonstrates advanced level knowledge of core science (i.e., scientific bases of behavior)
Examples:	Examples:	Examples:	Examples:	Examples:
<ul> <li>Articulates basic knowledge of the breadth of scientific psychology</li> </ul>	<ul> <li>Engages in assigned readings/supervision regarding scientific conceptualizations of human behavior</li> <li>Reviews scholarly literature on a topic as needed</li> </ul>	<ul> <li>Discusses the core scientific conceptualizations of human behavior</li> <li>Cites scientific literature to support an argument when appropriate</li> </ul>	<ul> <li>Critically evaluates scientific literature</li> <li>Describes intersections across core areas of psychological science</li> </ul>	<ul> <li>Accurately evaluates scientific literature regarding clinical issues</li> <li>Identifies multiple factors and interactions of those factors that underlie pathological behavior</li> </ul>
• Articulates basic knowledge of the breadth of scientific	<ul> <li>Engages in assigned readings/supervision regarding scientific conceptualizations of human behavior</li> <li>Reviews scholarly literature</li> </ul>	<ul> <li>conceptualizations of human behavior</li> <li>Cites scientific literature to support an argument when</li> </ul>	<ul> <li>literature</li> <li>Describes intersections across core areas of psychological</li> </ul>	<ul> <li>Accurately evaluates scientific literature regarding clinical issues</li> <li>Identifies multiple factors and interactions of those factors that underlie</li> </ul>

#### COMPETENCY: RESEARCH ELEMENT: SCIENTIFIC FOUNDATION OF PROFESSIONAL PRACTICE ITEM: 1C

Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates awareness of scientific foundation of professional psychology Examples: • Completes assigned readings/supervision regarding development of evidence based practice in psychology (EBP) as defined by American Psychological Association (APA)	<ul> <li>Understands the scientific foundation of professional practice</li> <li>Examples: <ul> <li>Articulates the development of EBP as defined by APA</li> <li>Describes the scientific foundations of the competencies</li> <li>Cites scientific literature to support an argument when appropriate</li> <li>Evaluates scholarly literature on a practice-related topic as needed</li> </ul> </li> </ul>	<ul> <li>Demonstrates knowledge, understanding, and application of the concept of evidence-based practice under supervision</li> <li>Examples: <ul> <li>Applies EBP concepts in case conceptualization, treatment planning, and interventions in consultation with supervisor</li> <li>Works with supervisor to compare and contrast EBP approaches with other theoretical perspectives and interventions in the context of case conceptualization and treatment</li> <li>Appropriately selects evidence-based treatment under supervision and incorporates evidence into psychoeducation with patient and family</li> </ul> </li> </ul>	<ul> <li>Demonstrates knowledge, understanding, and application of the concept of evidence-based practice with minimal supervision</li> <li>Examples: <ul> <li>Applies EBP concepts to practice with minimal supervision</li> <li>Reviews scholarly literature related to clinical work and applies knowledge to case conceptualization with minimal supervision</li> <li>Appropriately selects evidence-based treatment when evidence is limited</li> <li>Describes strengths and limitations of evidence supporting use of different treatment modalities for specific situations</li> </ul> </li> </ul>	<ul> <li>Independently applies</li> <li>knowledge and</li> <li>understanding of scientific</li> <li>foundations independently</li> <li>applied to practice</li> <li>Examples:         <ul> <li>Independently reviews</li> <li>scholarly literature related</li> <li>to clinical work and</li> <li>applies knowledge to case</li> <li>conceptualization</li> <li>Independently applies</li> <li>EBP concepts in practice</li> </ul> </li> <li>Independently compares         <ul> <li>and contrasts EBP</li> <li>approaches with other</li> <li>theoretical perspectives</li> <li>and interventions in the</li> <li>conceptualization and</li> <li>treatment planning</li> <li>Integrates emerging</li> <li>studies of treatments into</li> <li>clinical practice</li> </ul> </li> </ul>
				$\overline{}$

#### COMPETENCY: RESEARCH ELEMENT: SCIENTIFIC APPROACH TO KNOWLEDGE GENERATION ITEM: 1D

ITEM: 1D				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates	Participates effectively in	Demonstrates development of skills	Demonstrates development of	Independently generates
understanding of	scientific endeavors when	and habits in seeking, applying,	skills and habits in seeking,	research knowledge relevant to
literature searches and	available	and evaluating theoretical and	applying, and evaluating	the practice of psychology.
systematic review		research knowledge relevant to the	theoretical and research	
methodology		practice of psychology under	knowledge relevant to the	
		supervision.	practice of psychology with	
Examples:	Examples:		minimal supervision.	
• Independently conducts	• Describes the basics of	Examples:		Examples:
a literature review	treatment of human subjects	• Participates in research and	Examples:	• Engages in systematic
• Writes literature review	• Effectively organizes and	scholarly activity, which may	Articulates basic components	efforts to increase the
as part of supervision	implements participant	include presentations at local,	and aspects of grant	knowledge base of
requirement	recruitment and data	regional, or national	applications	psychology through
	collection with supervision	conferences; participation in	• Effectively handles ethics and	implementing and reviewing
	• Articulates the role of	research teams; submission of	safety issues that arise while	research
	research funding in advancing	manuscripts for publication	carrying out research with	• Consults and partners with
	the science of psychology	Effectively designs hypotheses	minimal supervision	community stakeholders
	• Contributes to the preparation	to be tested and methodology to	Participates in multi-	when conducting research in
	of scientific abstracts and	use	disciplinary research teams	diverse communities
	manuscripts	Analyzes data and develops		Designs research protocols
	• Outlines the basics of how	conclusions using accepted		that address issues of
	cultural diversity and	research methodologies		diversity
	developmental issues affect	• Can identify ethical/safety issues		Leads multi-disciplinary
	research outcomes	that arise during research		research teams
	• Identifies research methods			Effectively and
	and techniques of data			independently uses research
	analysis			methodologies characteristic
	• Open to scrutiny of one's			of pediatric psychology
	work by peers and faculty			research
				• Teaches ethical principles to
				research staff and students
				on an associated project
				• Effectively presents and
				tailors research findings to
				various groups
				• Prepares grant applications <sup>3</sup>
Comments:				
				Not yet achieved Level 1

#### COMPETENCY: RESEARCH ELEMENT: APPLICATION OF SCIENTIFIC METHOD TO PRACTICE ITEM: 1E

ITEM: IE				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates	Understands the need to	Demonstrates knowledge of application	Demonstrates knowledge of	Independently applies
understanding of the need	evaluate practices,	of scientific methods to evaluating	application of scientific	scientific methods of
to evaluate practices,	interventions, and programs	practices, interventions, and programs	methods to evaluating	evaluating practices,
interventions, and		under supervision	practices, interventions, and	interventions, and programs
programs			programs with minimal	
	Examples:	Examples:	supervision	
	• Identifies possible methods of	<ul> <li>Describes how outcomes are</li> </ul>		
Examples:	evaluating practices,	measured in each practice activity	Examples:	Examples:
<ul> <li>Acknowledges that psychologists evaluate the effectiveness of their professional activities</li> <li>Engages in readings/supervision regarding methods of evaluating practices, interventions and programs</li> </ul>	<ul> <li>interventions, and programs.</li> <li>Identifies the utility of each practice activity.</li> </ul>	• Articulates aspects of program evaluation	• Participates in program evaluation	<ul> <li>Evaluates practice activities using accepted techniques</li> <li>Compiles and analyzes data on own clients (outcome measurement)</li> <li>Uses findings from outcome evaluation to alter intervention strategies as indicated</li> </ul>
Comments:				Not yet achieved Level 1

RESEARCH AVERAGE:	
OVERALL RESEARCH COMMENTS:	

# **Competency II: Ethical and Legal Standards**

Trainees respond professionally in increasingly complex situation with greater degree of independence across levels of training, including knowledge and in accordance with APA Code and relevant laws, regulations, rules, policies, standards, and guidelines

COMPETENCY: Ethical and Legal Standards					
	hical, legal and professional stan	dards and guidelines			
ITEM: 2A Level 1 Developing basic knowledge of the APA (national level) Ethical Principles and Code of Conduct and beginning level knowledge of legal and	Level 2 Demonstrates basic knowledge of the APA Ethical Principles and Code of Conduct and beginning level knowledge of legal and	Level 3 Demonstrates intermediate level knowledge and understanding of the APA Ethical Principles and Code of Conduct and other relevant ethical/professional codes, standards	Level 4 Demonstrates solid knowledge of the APA Ethical Principles and Code of Conduct and other relevant ethical, legal and	Level 5 Demonstrates advanced knowledge of the APA Ethical Principles and Code of Conduct and other relevant ethical, legal and professional standards and	
<ul> <li>regulatory issues</li> <li>Examples: <ul> <li>Discusses with supervisors a beginning knowledge of typical legal issues, including child and elder abuse reporting, HIPAA, multiple relationships, and competence, confidentiality, and informed consent</li> <li>Recalls the content of key documents/policies that guide the practice of psychology (e.g., APA Ethical Principles and Code of Conduct)</li> </ul> </li> </ul>	<ul> <li>regulatory issues</li> <li>Examples: <ul> <li>Identifies ethical</li> <li>implications in</li> <li>hypothetical and real cases</li> <li>and discusses the ethical</li> <li>elements present in the</li> <li>ethical dilemma or</li> <li>question</li> </ul> </li> <li>Identifies potential <ul> <li>conflicts between personal</li> <li>belief systems, APA ethics</li> <li>code and legal issues in</li> <li>practice</li> </ul> </li> <li>Reviews and references <ul> <li>the local mental health</li> <li>laws and ethical issues</li> <li>relating to clinical work</li> </ul> </li> </ul>	<ul> <li>and guidelines, laws, statutes, rules and regulations at the state, local and organizational level</li> <li>Examples: <ul> <li>Identifies ethical dilemmas effectively in own practice<sup>1</sup></li> <li>Actively consults with supervisor to act upon ethical and legal aspects of practice</li> <li>Addresses ethical and legal aspects within the case conceptualization<sup>1</sup></li> <li>Discusses ethical implications of professional work with peers and supervisors</li> <li>Recognizes and discusses limits of own ethical and legal knowledge<sup>1</sup></li> <li>Knowledge of local mental health laws and APA guidelines regarding the rights of patients within organizational guidelines</li> </ul> </li> </ul>	<ul> <li>professional standards and guidelines</li> <li>Examples: <ul> <li>Detects and examines potential conflicts in complex ethical and legal issues</li> <li>Confronts peers and/or organizations regarding ethical problems or issues in a professional manner</li> <li>Identifies proactive techniques to address the above issues with peers and/or organizations</li> </ul> </li> </ul>	<ul> <li>guidelines; independently identifies limits of own ethical and legal knowledge</li> <li>Examples: <ul> <li>Is sought out by peers for expertise in ethical legal standards and policy.</li> </ul> </li> <li>Independently seeks opportunities to learn more about ethical legal standards and policy through attending conferences, didactics</li> <li>Teaches students and trainees about APA Ethical Principles and Code of Conduct and other relevant ethical and professional codes, standards and guidelines, laws, statutes, rules and regulations at the state, local and organizational level</li> </ul>	
Comments:				Not yet achieved Level 1	

# COMPETENCY: Ethical and Legal Standards ELEMENT: Awareness and Application of Ethical Decision Making Model (EDMM) ITEM: 2B

ITEM: 2B				
Level 1	Level 2	Level 3	Level 4	Level 5
<ul> <li>Demonstrates awareness of the importance of an ethical decision model to practice and the importance of applying it</li> <li>Examples: <ul> <li>Recognizes the importance of basic ethical concepts applicable in initial practice (e.g. child abuse reporting, Informed consent, confidentiality, multiple relationships, and competence)</li> <li>Names several components of sound ethical decision making models (EDMM; e.g. http://www.centerforethicalpracti ce.org/publications/models-mary-alice-fisher-phd/ethical-decision-making-model)</li> </ul> </li> </ul>	<ul> <li>Applies knowledge of ethical decision making model to a dilemma presented in supervision</li> <li>Examples: <ul> <li>Presents an EDMM in supervision and applies it to case vignettes</li> <li>Discusses ethical dilemmas and decision making in supervision</li> <li>Uses an EDMM when discussing cases in supervision</li> </ul> </li> </ul>	<ul> <li>Demonstrates application of the APA Ethical Principles and Code of Conduct and other relevant ethical, legal and professional standards and guidelines</li> <li>Examples: <ul> <li>Identifies potential conflicts in basic ethical and legal issues within an EDMM framework.</li> </ul> </li> <li>Addresses basic ethical and legal issues within an EDMM with supervisory support</li> <li>Discusses ethical dilemmas and decision making in staff meetings, presentations, training settings</li> </ul>	<ul> <li>Demonstrates solid performance in handling ethical situations; requires supervision for unusual or complex ethical situations; independently identifies and addresses basic ethical dilemmas</li> <li>Examples: <ul> <li>Spontaneously and reliably identifies potential conflicts in complex ethical and legal issues.</li> <li>Within clinical interactions, independently identifies and addresses common/basic ethical dilemmas using EDMM</li> <li>Actively and independently seeks consultation with supervisor in unusual or complex ethical situations and uses EDMM</li> <li>Addresses complex ethical and legal issues using EDMM with supervisory support</li> </ul> </li> </ul>	Identifies and addresses ethical dilemmas autonomously Examples: • Within clinical interactions, independently identifies and addresses common and complex ethical dilemmas • Takes appropriate steps when others behave unprofessionally • Accurately identifies and seeks supervision or consultation when needed to enhance practice • Serves as a resource consultant to others regarding ethical dilemmas • Seeks opportunities to engage in advanced understanding of various ethical standards, guidelines, laws, etc.

## **COMPETENCY: Ethical and Legal Standards ELEMENT Ethical Conduct ITEM: 2C**

ITEM: 2C				
Level 1	Level 2	Level 3	Level 4	Level 5
Conducts interactions in nearly all circumstances with a professional mindset, sense of duty, and accountability	Demonstrates conduct that illustrates insight into own behavior, as well as likely triggers for professionalism lapses, and is able to use this information to remain professional	Integrates own moral principles/ethical values in professional conduct	Demonstrates high ethical standards across settings and circumstances	Demonstrates an in-depth understanding of ethical conduct that allows her to help other team members and colleagues with issues of professionalism
<ul> <li>Examples:</li> <li>Verbalizes a desire to help others</li> <li>Shows honesty and integrity</li> <li>Discusses in supervision ways to act ethically and professionally in the role of psychologist</li> <li>Displays appropriate boundary management</li> <li>Displays an openness to new ideas</li> </ul>	<ul> <li>Examples:</li> <li>Discusses areas of strength and growth opportunities of his/her own ethical behavior during supervision.</li> <li>During supervision, readily identifies possible situations that may lead one to act unprofessionally.</li> </ul>	<ul> <li>Examples:</li> <li>Makes changes in patient care practices following supervision regarding ethical situations</li> <li>Articulates knowledge of own moral principles and ethical values in discussions with supervisors and peers about ethical issues</li> <li>Spontaneously discusses one's own intersection of personal and professional ethical and moral issues in supervision</li> <li>Displays adherence to ethical and legal standards in professional activities</li> </ul>	<ul> <li>Examples:</li> <li>Spontaneously integrates awareness of a challenging situation related to the intersection of personal and professional ethical and moral issues in professional interactions</li> <li>Identifies and voices one's insights in how to prevent lapses in conduct as part of one's duty to help others</li> <li>Remains ethical and professional in triggering situations</li> </ul>	<ul> <li>Examples:</li> <li>Takes responsibility for continuing professional development in ethics</li> <li>Models professional conduct by maintaining awareness of one's own and others' emotional response during heated discussions by promoting and engaging in professional behavior while preventing lapses in others and self</li> </ul>
Comments:				Not yet achieved Level 1

ETHICAL AND LEGAL STANDARDS AVERAGE:	
OVERALL ETHICAL AND LEGAL STANDARDS COMMENTS:	

# **Competency III: Individual and Cultural Diversity**

Trainees must demonstrate the ability to conduct all professional activities with sensitivity to human diversity, including the ability to deliver high quality services to an increasingly diverse population. They demonstrate knowledge, awareness, sensitivity and skill when working with diverse individuals and communities who embody a variety of cultural and personal background and characteristics.

Cultural and individual differences and diversity is defined as including, but not limited to, age, disability, ethnicity, gender, gender identity, language, national origin, race, religion, culture, sexual orientation, and socioeconomic status.

# COMPETENCY: INDIVIDUAL AND CULTURAL DIVERSITY

ELEMENT: <u>SELF</u>: Self as shaped by individual and cultural diversity (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status) and context ITEM: 3A

Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes the importance	Understands own dimensions of	Demonstrates knowledge, awareness,	Seeks out opportunities to	Models the ability to monitor
of knowledge, awareness, and understanding of one's own dimensions of diversity and attitudes towards	diversity and attitudes towards diverse others	and understanding of own dimensions of diversity and attitudes towards diverse others	strengthen knowledge, awareness, and understanding of own dimensions of diversity and	and apply knowledge of self as a cultural being in interactions with others
diverse others		Examples:	attitudes towards diverse	
<ul> <li>Examples:</li> <li>Completes assigned readings/activities to strengthen awareness of personal cultural identity, biases, etc.</li> <li>Recognizes that one's own identity is shaped by multiple cultural factors</li> <li>Defines the relationship between cultural diversity as it relates to one's identity</li> </ul>	<ul> <li>Examples:</li> <li>Articulates how ethnic group values influence who one is and how one relates to other people</li> <li>Articulates dimensions of diversity (e.g., race, gender, sexual orientation) as they relate to personal identity</li> <li>Discusses, in educational settings/contexts, his/her own cultural background and beliefs and the ways in which these affect interactions with patients</li> </ul>	<ul> <li>Monitors and applies knowledge of self as a cultural being in clinical practice (e.g., assessment, treatment, and consultation), with supervisor support</li> <li>Uses knowledge of self to monitor professional effectiveness</li> <li>Brings observations of self to supervision sessions to discuss</li> <li>Engages willingly and openly in supervision re: topics of cultural identity and the ways in which identity, biases, and assumptions impact patient care/training/professional development</li> <li>Self-reflects, shows empathy and curiosity about patients and families, and demonstrates openness to different beliefs and points of view</li> </ul>	<ul> <li>others</li> <li>Examples: <ul> <li>Critically evaluates feedback about personal diversity issues</li> <li>Willingly initiates supervision re: individual/personal diversity issues, recognizes need to address the impact of biases/assumptions on own worldview</li> <li>Seeks out additional resources training, and/or education re: the impact of cultural identity on professional work</li> </ul> </li> </ul>	<ul> <li>Examples:</li> <li>Independently monitors and applies knowledge of self as a cultural being in assessment, treatment, and consultation</li> <li>Models ongoing self-reflective practice and skills regarding own cultural identity</li> <li>Creates opportunities for others to strengthen their self-reflective practice</li> <li>Designs trainings/didactics to help others develop a self-reflective practice</li> <li>Supervises or teaches trainees about the importance of self-reflective practice and awareness of one's own cultural identity</li> </ul>
Comments:				Not yet achieved Level 1

# COMPETENCY: INDIVIDUAL AND CULTURAL DIVERSITY

ELEMENT: <u>OTHERS</u>: Others as Shaped by Individual and Cultural Diversity and Context; (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status) and context ITEM: 3B

Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes the importance of having knowledge, awareness, and understanding of other individuals as cultural beings Examples:	Understands that individuals have unique dimensions of diversity and attitudes towards diverse others Examples:	Demonstrates knowledge, awareness and understanding of the way culture and context shape the behavior of other individuals Examples:	Seeks out opportunities to strengthen knowledge, awareness, and understanding of how individuals have unique dimensions of diversity and attitudes towards diverse others	Models the ability to independently monitor and apply knowledge of others as cultural beings in interactions with others Examples:
<ul> <li>Completes assigned readings/activities to strengthen awareness of others' cultural identity</li> <li>Recognizes others' identities are shaped by multiple cultural factors</li> <li>Recognizes the impact of cultural and linguistic diversity when communicating with people of different backgrounds</li> <li>Understands that individuals may have multiple cultural identities when interacting with others</li> </ul>	<ul> <li>Discusses knowledge, awareness, and understanding of other individuals as cultural beings</li> <li>Articulates a nascent understanding of the necessity of considering culture and context when interacting with others</li> <li>Describes the influence of psychosocial factors (gender, ethnicity, culture, economic) on others' psychological health and development</li> <li>Discusses, in educational settings/contexts, issues of diversity relating to others</li> </ul>	<ul> <li>Values knowledge of others' cultural identity in work as a professional</li> <li>Self-reflects, shows empathy and curiosity about patients and families, and demonstrates openness to different beliefs and points of view</li> <li>Respects fellow trainees and other members of the treatment team</li> <li>Discusses the effects of oppression and privilege on self and others</li> </ul>	<ul> <li>Examples:</li> <li>Critically evaluates feedback given about diversity issues with others</li> <li>Willingly initiates discussions re: diversity issues in the context of supervision, recognizes need to address biases, assumptions, and the fact that own worldview may be different from others' worldviews</li> <li>Seeks out additional resources, training, and/or education in order to understand others' cultural identities and the ways in which they impact professional work</li> <li>Recognizes disparities in health care access at individual and community levels</li> </ul>	<ul> <li>Independently monitors and applies knowledge of others as cultural beings</li> <li>Independently understands and articulates own cultural identity in interactions with others</li> <li>Models ongoing practice and learning about cultural diversity issues</li> <li>Creates opportunities for others to strengthen their ability to understand the cultural factors of others</li> <li>Designs trainings/didactics focused on learning about the importance of having awareness/knowledge of others' cultural identities</li> </ul>
Comments:				Not yet achieved Level 1

# COMPETENCY: INDIVIDUAL AND CULTURAL DIVERSITY

ELMENT: <u>SELF AND OTHERS</u> Interaction of Self and Others as Shaped by Individual and Cultural Diversity and Context; (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status) and context ITEM: 3C

	Level 2	Level 3	Level 4	Level 5
Level 1 Recognizes the importance of knowledge, awareness, and understanding of own cultural identity in the context of interaction with diverse others	Understands the role of culture in interactions with diverse others	Independently applies knowledge of the role of culture in interactions with diverse others	Level 4         Seeks out opportunities to         strengthen knowledge, awareness,         and understanding about how         individuals have unique         dimensions of diversity and         attitudes towards diverse others	Level 5         Models how to apply         knowledge of individuals as         cultural beings in         assessment, treatment, and         consultation
<ul> <li>Examples:</li> <li>Completes assigned readings/activities to strengthen awareness of the impact of others' cultural identities on own identity and interactions with others</li> <li>Recognizes that interactions with others are impacted by multiple cultural factors</li> <li>Recognizes basic ethical conflicts related to diversity that arise when interacting with others</li> </ul>	<ul> <li>Examples:</li> <li>Discusses in supervision own knowledge, awareness and understanding of the way culture and context shape human interactions</li> <li>Understands the role of multiple cultural identities in interactions among individuals</li> <li>Provides examples of the importance of attention to diversity when interacting with others</li> <li>Articulates a nascent understanding of the importance of considering culture and context when working with others</li> </ul>	<ul> <li>Examples:</li> <li>Regularly uses knowledge about culture to monitor and improve effectiveness of self in interactions</li> <li>Independently articulates and monitors multiple cultural identities in interactions with others</li> <li>Seeks consultation or supervision when uncertain about issues diversity in interactions with others</li> </ul>	<ul> <li>Examples:</li> <li>Critically evaluates feedback and initiates supervision regularly about diversity issues as they relate to interactions with others</li> <li>Initiates supervision about diversity issues with as they relate to interactions others</li> <li>Seeks out resources, training, and/or education on individual and cultural differences to inform interactions with diverse others</li> </ul>	<ul> <li>Examples:</li> <li>Models ongoing self-reflective practice and skills regarding culturally attentive interactions with others</li> <li>Creates opportunities and trainings for individuals to strengthen their practice of interacting with others in a culturally attentive manner</li> <li>Supervises or teaches trainees about the importance of, and skills for, interacting with individuals in a culturally attentive manner</li> </ul>

#### **COMPETENCY: INDIVIDUAL AND CULTURAL DIVERSITY ELMENT: Applications based on Individual and Cultural Context ITEM: 3D**

Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes the need to	Demonstrates basic	Independently applies knowledge,	Seeks out opportunities to	Models how to apply
consider issues of cultural	knowledge of and sensitivity	sensitivity, and understanding	strengthen the application of	knowledge, skills, and attitude
diversity in professional	to scientific, theoretical, and	regarding cultural diversity issues to	knowledge, sensitivity, and	regarding dimensions of
psychology work	contextual issues related to	work effectively with diverse others	understanding regarding	diversity to professional work
	cultural diversity (as defined	in assessment, treatment, and	cultural diversity issues in	(consultation, assessment,
Examples:	by APA policy) as they apply	consultation	order to work effectively with	diagnosis, treatment, and
<ul> <li>Acknowledges how</li> </ul>	to professional psychology		diverse others in assessment,	scholarly activities)
personal experiences and		Examples:	treatment, and consultation	
attitudes may play a role in	Examples:	<ul> <li>Applies knowledge of others as</li> </ul>		Examples:
clinical service delivery	• Understands the need to	cultural beings and uses culturally	Examples:	Independently monitors and
<ul> <li>Completes assigned</li> </ul>	consider cultural diversity	relevant best practices	Adapts professional behavior	applies knowledge of others
readings/activities to	issues in all aspects of	• Articulates and uses alternative	and clinical approach in a	as cultural beings in
strengthen awareness of	professional psychology	and culturally appropriate	manner that is sensitive and	assessment, treatment, and
culturally competent	work (e.g., assessment,	repertoire of skills, techniques and	appropriate to the needs of	consultation
practice/clinical skills	treatment, research,	behaviors <sup>1</sup>	diverse others, improves	Designs research protocols
<ul> <li>Recognizes that</li> </ul>	relationships with	• Engages in respectful interactions	client outcomes, and avoids	that address issues of
professional interactions	colleagues)	that reflect knowledge of literature	harm	diversity
with colleagues, patients,	Demonstrates foundational	on individual and cultural	<ul> <li>Seeks consultation and</li> </ul>	• Educates others regarding
and families are impacted	understanding of local	differences	supervision to address	the importance of attending
by multiple cultural factors	healthcare delivery systems	• Addresses cultural diversity issues	individual and cultural	to patient and family
<ul> <li>Recognizes basic ethical</li> </ul>	and community	across professional settings and	diversity within clinical	diversity factors (e.g.,
conflicts related to	organizations, including	activities	practice	race/ethnicity, age, sex,
diversity that arise when	advocacy groups	• Works effectively with diverse	• Applies knowledge of diverse	sexual orientation, disabilit
providing clinical care	• Assesses how patient and	clients and families, as well as	others to monitor and	status) when providing and
• Discusses basic knowledge	provider individual and	diverse professionals, in providing	improve own effectiveness as	coordinating care
of literature relevant to	cultural diversity factors	and coordinating care	a professional	• Leads educational activities
cultural diversity, as well	(e.g., race/ethnicity, age,	• Elicits beliefs, values, and diverse	Articulates an integrative	and case discussions
as sensitivity to the	sex, sexual orientation,	cultural practices of patients and	conceptualization of diversity	regarding translation of
scientific, theoretical, and	disability status) may	their families, and seeks to	as it impacts clients, self, and	cultural awareness,
contextual issues related to	affect the delivery and	understand their potential impact	others (e.g., organizations,	knowledge, and skills in
cultural diversity (APA	receipt of healthcare	on patient care	colleagues, systems of care)	clinical practice
policy) when applied to	services	• Displays sensitivity to diversity in	• Engages in self-reflection	• Serves as a role model and
psychology practice	• Provides examples of the	psychiatric evaluation and	regarding personal	teacher of compassion,
(guidelines for practice	importance of attention to	treatment	experience, attitudes, and	integrity, respect for others
with diverse individuals,	diversity in-psychological	• Assesses the family in a	health behaviors, and how	and sensitivity to diverse
groups and communities)	evaluation and treatment	sophisticated and culturally	these may affect clinical	patient populations
'		sensitive manner	service	

INDIVIDUAL AND CULTURAL DIVERSITY AVERAGE: \_\_\_\_\_

OVERALL INDIVIDUAL AND CULTURAL DIVERSITY COMMENTS:

# **Competency IV: Professional Values and Attitudes**

Trainees are expected to respond professionally in increasingly complex situations as evidenced in behavior that reflects the values and attitudes of psychology.

Level 1	Level 2	Level 3	Level 4	Level 5
Understands professional values; behaves honestly	Actively acquiring skills to manage professional situations that challenge values; Identifies when professional values are challenged	Adherence to professional values beginning to be more effortlessly infused in work; Able to work with supervisor to manage situations that challenge adherence to professional values	Able to identify and manage situations that challenge adherence to professional values, consulting supervisor	Monitors and independently resolves situations that challenge professional value and integrity, initiating resolution
<ul> <li>Examples:</li> <li>Communicates honestly</li> <li>Discusses the importance of maintaining adherence to professional values in all interactions</li> <li>Takes responsibility for own actions</li> <li>Defines and discusses core values related to ethical behavior and basic knowledge of APA Ethical Principles and Code of Conduct</li> <li>Recognizes one's own responsibility to uphold professional values</li> </ul>	<ul> <li>Examples:</li> <li>Identifies situations that challenge professional values, and accepts faculty/supervisor guidance</li> <li>Acquires and practices skills to manage situations which challenge professional values</li> </ul>	<ul> <li>Examples:</li> <li>Seeks faculty/supervisor guidance as needed for situations that challenge professional values</li> <li>Demonstrates openness and responsiveness to supervisor feedback</li> <li>Discusses failures and lapses in adherence to professional values with supervisors/faculty as appropriate<sup>1</sup></li> <li>Applies professional training/coursework into managing situations that challenge adherence to professional values with supervisor direction</li> </ul>	<ul> <li>Examples:</li> <li>Monitors and resolves situations that challenge professional values and integrity, consulting with supervisor</li> </ul>	<ul> <li>Examples:</li> <li>Takes action independently to correct situations that are in conflict with professional values</li> <li>Addresses situations that challenge professional values effectively, in the moment</li> <li>Models integrity and professionalism in all situations including the most challenging</li> </ul>

### COMPETENCY: PROFESSIONAL VALUES AND ATTITUDES ELEMENT: Deportment ITEM: 4B

Level 2	T 12	T 14	
	Level 3	Level 4	Level 5
Conducts oneself in a professional manner in typical professional settings	Communication and physical conduct is professionally appropriate, across a variety of settings	Adapts professional manner to the context at hand, flexibly and seamlessly	Conducts self in a professional manner when challenged by clients, colleagues or community members
<ul> <li>Examples:</li> <li>Conducts oneself in a professionally appropriate manner – including communication with others</li> <li>Sets appropriate physical boundaries</li> </ul>	<ul> <li>Examples:</li> <li>Generalizes professional, appropriate conduct across diverse settings and with different client populations<sup>1,4</sup></li> <li>Understands and accepts responsibility for how actions impact one's own professional identity, on clients and public perception<sup>1,4</sup></li> <li>Utilizes appropriate language and demeanor in all professional communications<sup>1</sup></li> </ul>	<ul> <li>Examples:</li> <li>Flexibly shifts demeanor to effectively meet requirements of professional situation and enhance outcomes</li> <li>Consistently conducts self in a professional manner across and settings and situations</li> </ul>	<ul> <li>Examples:</li> <li>Verbal and nonverbal communications are appropriate to the professional context, including during challenging interactions</li> </ul>
			Not yet achieved Level 1
	<ul> <li>professional manner in typical professional settings</li> <li>Examples:</li> <li>Conducts oneself in a professionally appropriate manner – including communication with others</li> <li>Sets appropriate physical</li> </ul>	professional manner in typical professional settingsconduct is professionally appropriate, across a variety of settingsExamples: • Conducts oneself in a professionally appropriate manner – including communication with others • Sets appropriate physical boundariesExamples: • Generalizes professional, appropriate conduct across diverse settings and with different client populations <sup>1,4</sup> • Understands and accepts responsibility for how actions impact one's own professional identity, on clients and public perception <sup>1,4</sup> • Utilizes appropriate language and demeanor in all professional	professional manner in typical professional settingsconduct is professionally appropriate, across a variety of settingsthe context at hand, flexibly and seamlesslyExamples: • Conducts oneself in a professionally appropriate manner – including communication with others • Sets appropriate physical boundariesExamples: • Generalizes professional, appropriate conduct across diverse settings and with different client populations <sup>1,4</sup> • Understands and accepts responsibility for how actions impact one's own professional identity, on clients and public perception <sup>1,4</sup> • Utilizes appropriate language and demeanor in all professionalExamples: • Context at hand, flexibly and seamlessly

#### COMPETENCY: PROFESSIONAL VALUES AND ATTITUDES ELEMENT: Accountability ITEM: 4C

ITEM: 4C				
Level 1	Level 2	Level 3	Level 4	Level 5
Accountable and reliable for those demands placed on him/her	Beginning to take responsibility of own workload	Accepts responsibility for own actions and schedule with increased autonomy	Independently accepts personal responsibility across settings and contexts	Enhances one's ability to be more productive and increase productivity and accountability of others
<ul> <li>Examples:</li> <li>Turns in assignments in accordance with established deadlines</li> <li>Discusses personal organization skills</li> <li>Follows policies and procedures of institution</li> <li>Follows through on commitments</li> <li>Consistently keeps appointments with supervisors, patients, and other professionals</li> </ul>	<ul> <li>Examples:</li> <li>Completes required case documentation promptly and accurately</li> <li>Shows evidence of organization and time management</li> <li>Schedules appropriate appointments with supervisors, patients and other professionals</li> </ul>	<ul> <li>Examples:</li> <li>Plans and organizes own workload, with supervisor oversight</li> <li>Accepts responsibility for meeting deadlines</li> <li>Follows procedures for coverage for clinical and non-clinical responsibilities</li> <li>Available when "on-call"</li> <li>Acknowledges errors to supervisor and staff</li> <li>Utilizes supervision to strengthen effectiveness of practice</li> <li>Manages time effectively across situation and setting</li> </ul>	<ul> <li>Examples:</li> <li>Independently accepts personal responsibility across settings and contexts</li> <li>Flexible with scheduling and time management</li> <li>Covers professional duties for colleagues when appropriate</li> <li>Ability to complete tasks and goes beyond expectations in order to solve difficult problems/challenges</li> </ul>	<ul> <li>Examples:</li> <li>Enhances own professional productivity</li> <li>Holds one's self accountable for and submits to external review of quality service provision</li> <li>Leads efforts to create systems to cover professional duties when appropriate</li> </ul>
Comments:				
				Not yet achieved Level 1

#### COMPETENCY: PROFESSIONAL VALUES AND ATTITUDES ELEMENT: Concern for the Welfare of Others ITEM: 4D

ITEM: 4D				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates awareness of the need to uphold and protect the welfare of others (clients specifically)	Demonstrates awareness of the need to uphold and protect the welfare of others (expanding to professionals and team members)	Acts to understand and safeguard the welfare of others <sup>1</sup>	Anticipates needs of clients in order to proactively advocate on their behalf <sup>4</sup>	Independently acts to safeguard the welfare of others <sup>1</sup>
<ul> <li>Examples:</li> <li>Articulates the importance of confidentiality, privacy, and informed consent</li> <li>Recognizes and articulates the suffering of others and the wish to relieve it for others</li> <li>Discusses the need to uphold and protect the welfare of others</li> <li>Displays initiative to help others</li> </ul>	<ul> <li>Examples:</li> <li>Identifies challenging professional situations and articulates the need for compassion for other professionals in these difficult situations<sup>4</sup></li> </ul>	<ul> <li>Examples:</li> <li>Displays respect in interpersonal interactions with others including those from divergent perspectives or backgrounds</li> <li>Determines when response to client needs takes precedence over personal needs</li> <li>Communicates consistent understanding of patient and family expressed needs and a desire to meet those needs on a regular basis; is responsive in demonstrating kindness and compassion</li> <li>Works effectively with diverse clients and families, as well as diverse professionals (e.g., race/ethnicity, age, sex, sexual orientation, disability status) in providing and coordinating care</li> </ul>	<ul> <li>Examples:</li> <li>Anticipates the human needs of patients and families (beyond those expressed needs) and works to meet those needs as part of daily practice, seeks to meet those needs independently</li> <li>Proactively advocates on behalf of individual patients, families, and groups of children in need</li> </ul>	<ul> <li>Examples:</li> <li>Communications and actions convey sensitivity to individual experience and needs while retaining professional demeanor and deportment</li> <li>Respectful of the beliefs and values of colleagues even when inconsistent with personal beliefs and values</li> <li>Compassionate with others who are dissimilar from oneself, who express negative affect (e.g., hostility), and/or who seek care for proscribed behavior, such as violence, predation, or dangerousness</li> </ul>
Comments:				Not yet achieved Level 1

#### COMPETENCY: PROFESSIONAL VALUES AND ATTITUDES ELEMENT: Professional Identity ITEM: 4E

ITEM: 4E				
Level 1 Demonstrates beginning understanding of self as a professional psychologist	Level 2 Beginning to assess and formulate one's growth in the role of professional psychologist	Level 3 Displays emerging professional identity as psychologist; self- reflection regarding personal and professional functioning; acquiring information for how to continue to develop professional identity as a professional psychologist	Level 4 Displays consolidation of professional identity as a psychologist	Level 5 Models and encourages others to formulate identity as a professional psychologist; seeks knowledge about issues central to the field; integrates science and practice
<ul> <li>Examples:</li> <li>Discusses the importance of self as a professional: "thinking like a psychologist"</li> <li>Discusses accurately the program and profession (training model, core competencies)</li> <li>Discusses the importance of practicing within one's competence</li> </ul>	<ul> <li>Examples:</li> <li>Assesses one's own ability to self-identify as a psychologist</li> <li>Formulates perception of self as a psychologist</li> <li>Responds to supervisor feedback and questions around developing psychologist identity</li> <li>Describes the importance of participating in one's professional community as it relates to one's identity as a psychologist</li> </ul>	<ul> <li>Examples:</li> <li>Accepts the role as psychologist with clients</li> <li>Takes responsibility for ensuring that the client receives the best possible care</li> <li>Belongs to professional psychology organizations</li> <li>Attends colloquia, workshops, conferences</li> <li>Consults literature relevant to client care</li> <li>Identifies self as an emerging professional psychologist</li> <li>Uses resources (e.g., supervision, literature) for professional development</li> </ul>	<ul> <li>Examples:</li> <li>Identifies as a professional psychologist<sup>4</sup></li> <li>Embraces the responsibilities inherent in the psychologist role</li> <li>Participates in the professional community to maintain competence and for growth (professional societies, patient advocacy groups, community service organizations)</li> </ul>	<ul> <li>Examples:</li> <li>Keeps up with advances in profession</li> <li>Supports the growth and development of others defining themselves as psychologists</li> <li>Leads a team of psychologists to continue building upon and learning how to enhance identity of professional psychologists</li> </ul>
Comments:				Not yet achieved Level 1

PROFESSIONAL VALUES AND ATTITUDES AVERAGE: \_\_\_\_\_\_
OVERALL PROFESSIONAL VALUES AND ATTITUDES COMMENTS:

# **Competency V: Communication and Interpersonal Skills**

Develop effective communication oral, nonverbal, and written communication skills and the ability to perform and maintain successful professional relationship

# COMPETENCY: COMMUNICATION AND INTERPERSONAL SKILLS

ELEMENT: Interpersonal Relationships-Cares about people and connecting/maintain relationships when things are going well ITEM: 5A

Level 1	Level 2	Level 3	Level 4	Level 5
Displays awareness of and	Forms relationships with clients,	Maintains productive and respectful	Forms and maintains productive	Manages effective
ability to perform basic	peers/colleagues, supervisors	relationships with clients,	and respectful relationships with	relationships with a wide
interpersonal skills		peers/colleagues, supervisors	clients, peers/colleagues,	range of clients,
	Examples:		supervisors and professionals	colleagues, organizations
Examples:	Works cooperatively and	Examples:	from other disciplines	and communities
• Listens to and is	collaboratively with peers	Coordinates respectful and collegial		
empathic with others	Forms effective working	interactions with those who have	Examples:	Examples:
Respects and shows	alliances with most clients	different professional models or	<ul> <li>Develops and maintains</li> </ul>	Negotiates challengin
interest in others'	• Engages with supervisors to	perspectives	relationships with patients,	difficult and complex
cultures, experiences,	work effectively	Maintains satisfactory and effective	their families, other	relationships includin
values, points of view,	• Understands the rationale for a	interpersonal relationships with	professionals, communities,	those with individuals
goals and desires, fears,	team approach to care	clients, peers, faculty, supervisors	and other systems involving	and groups that differ
etc.	• Supports a team approach to the	• Uses strategies to promote team	patients	significantly from
Demonstrates	maintenance and promotion of	approaches to care	• Integrates knowledge of team	oneself to maintain
interpersonal skills	health and treatment of disease	Develops productive working	organization, relevant systems	effective and satisfying
verbally and non-	and disorders	relationships with patients, families	and policies and relationship-	relationships among
verbally	• Understands the rationale for	and other professionals	building principles to	individuals, patients
Recognizes the	promoting effective	Participates actively in	promoting effective	and team members
importance of giving and	communication with and	multidisciplinary care team	relationships among teams	Develops enriching
receiving feedback to	between patients, families and	• Develops therapeutic relationships	Tailors communication	interpersonal
maintain healthy	other professionals	with patients and families in	strategies to different patients,	relationships with
relationships	• Understands the psychologist's	complicated situations	families, professionals and	clients, peers, faculty,
• Develops therapeutic	and other professionals' unique	• Identifies and reflects feelings	across situations	allied professionals,
relationships with	roles on health-care teams	overtly expressed by others, in a	Provides consultation to	and the public
patients and families in	• Attends and passively	manner that furthers the goals of	patients, families and others	Models effective
uncomplicated situations	participates in and supports	prof. activities	<i>tailored</i> to their needs and	relationships with
• Describes and respects	activities of team-based care	• Receives client's feedback of feeling	understanding	clients, peers, other
cultural and linguistic	• Develops working relationships	supported	• Sustains relationships across	professionals
diversity in	across specialties and systems	• Reflects upon and addresses the	systems of care with patients	Assists/supervises
communicating with	in uncomplicated situations	suffering and the wish to relieve it	and families during long-term	others to maintain
people of different	• Discusses the awareness of	for others who are dissimilar from	follow-up <sup>5</sup>	effective working
backgrounds	suffering and the wish to	oneself, who express negative affect	• Effectively leads	relationships
• Discusses the awareness	relieve it for others who are	(hostility), and/or who seek care for	multidisciplinary patient care	Leads and facilitates
of suffering and the wish	dissimilar to oneself	proscribed behavior, such as	and family meetings	meetings within the
to relieve it for others		violence, predation, or dangerousness	······································	organization/system
similar to oneself		, r, r,		

**Comments:** 

### COMPETENCY: COMMUNICATION AND INTERPERSONAL SKILLS

ELEMENT: Affective Skills-Can manage challenging situations when things are hard, reflects on internal state, able to express range of emotion, tolerates others emotional expression and can handle conflict ITEM: 5B

Level 1 Level 2 Level 3 Level 4 Level 5 **Displays awareness of** Identifies differences of Negotiates differences and Provides effective feedback to Manages difficult handles conflict satisfactorily<sup>1</sup>; and ability to tolerate opinion/practice; processes and/or others and receives feedback noncommunication; possesses conflict1<sup>1,4</sup>; Displays mild levels of conflict<sup>4</sup> prepares with supervisor about how defensively advanced interpersonal skills affective skills<sup>1</sup> to address challenging situations<sup>4</sup> Examples: Examples: Provides feedback to peers • Allows, enables, and Examples: Examples: Examples: Acknowledges own role in Accepts and implements Notices and regarding peers' clinical work in facilitates patient's supervisory feedback noncontext of group supervision or expresses feelings difficult interactions exploration and expression of affectively difficult • Listens to and acknowledges defensively case conference appropriately Discusses in feedback from supervisors Maintains affective equilibrium • Initiates discussion regarding • issues Is flexible when things don't go supervision one's and focus on therapeutic tasks disagreements with colleagues or Works flexibly with • • according to plan patients' intense affect awareness of inner in face of client distress supervisors Efforts to resolve disagreements emotional experience • Tolerates and understands • Provides feedback to supervisor • which could destabilize the Discusses comfort interpersonal conflict regarding supervisory process<sup>1</sup> do not escalate negative affect therapeutic relationship . Understands how there may be Tolerates ambiguity and among the parties involved Uses affective reactions in with a range of • ٠ emotions with diverse viewpoints in challenging uncertainty Seeks clarification in the service of resolving • interactions and appreciates the Displays ability to actively supervisor disagreements or fostering challenging interpersonal Recognizes the variety of viewpoints problem-solve during communications growth in self or others • Makes appropriate disclosures Develops and models importance of • supervision Manages affect so that it does • regarding problematic Listens to and acknowledges not overwhelm one's judgment regulating strong approaches to managing affect in challenging Uses effective strategies to interpersonal situations to feedback from other care difficult communications manage challenging for patients and peers and interactions supervisor professionals Recognizes a challenging clinical supervisees Maintains a calm • • Listens to and acknowledges relationships • or professional relationship and Skillfully manages therapeutic • demeanor when feedback from clients Effectively mentors other understands strategies for and working relationships during Sustains working relationships health care providers in strong affect is present in one's self addressing such relationships with co-workers in the face of complex and challenging leadership, communication Detects difficult working situations, including transitions skills and conflict or others • conflict relationships that impact patient management Recognizes • Manages simple patient/familyof care ٠ communication care and employee satisfaction related conflicts Tolerates patient's feelings, • Leads efforts to establish Recognizes differing philosophies Accepts, evaluates and attitudes, and wishes, better communication and conflicts in work ٠ • within and between different implements feedback from particularly as they are relationships more effective working disciplines in care provision other care providers expressed toward the therapist, relationships so as to maintain and/or promote Takes a leadership role in • therapeutic dialogue managing team conflicts **Comments:** 

### COMPETENCY: COMMUNICATION AND INTERPERSONAL SKILLS ELEMENT: Expressive Skills- communication across increasing complicated clinical situations ITEM: 5C

feelings, and info clearly using verbal, nonverbal, and written skillsinfo clearly using verbal, nonverbal, and written skills in a professional language across care professional language across supervisor support enhance skills related to communication for increasingly complex clinical and professional texts and in others' case reportsnonverbal, and written skills in a professional contextunderstanding and use of professional language across care professional language across support texamples:written communicationsWrites in a way that is organized, asy to understand, and conveys organized, asy to understand and conveys main pointUses professional texts and in discussions, case reports, etc.Nonverbal, and vell-integrationnonverbal, and vell-integrationNonverbal, and vell-integration• Uses verbal language that is organized, easy to understand and conveys main points• Dises and facilitates accurate, clearly, systems related to priotes with and between patients, families, professionals, other institutions, systems related to priotes with families at appropriate level of social metality appropriate language in all phases of communication with patients, families and other health, communication isNonverbal, and defictive communication with and between patients, families, professionals, other institutions, systems related to professionals, other institutions, systems related to patient care communication with patients, families and other health, families and other health, <br< th=""><th><ul> <li>info clearly sing verbal, nonverbal, and written skills in a med vritten skills and written skills and and written skills and and and and written skills and and and and written skills and and and and and and and and and and</li></ul></th><th>Level 1</th><th>Level 2</th><th>Level 3</th><th>Level 4</th><th>Level 5</th></br<>	<ul> <li>info clearly sing verbal, nonverbal, and written skills in a med vritten skills and written skills and and written skills and and and and written skills and and and and written skills and and and and and and and and and and</li></ul>	Level 1	Level 2	Level 3	Level 4	Level 5
using verbal, and written skills-and written skills- applied to clinical situationsprofessional contextprofessional contextprofessional language across care providers under complicated circumstancescommunications a informative, articExamples:-Understands terms and concepts used in professional texts and in others' case reports-Provides verbal feedback to client regarding assessment and diagonsis understand, and conveys in discussions, case reports-Prepares clearly written assessmen reports-Prepares clearly written assessment reportsSeeks out supervisor support to enhance skills related to communications-Examples:Examples: <td>using verbal, nonverbal, and written skills- applied to clinical situationsprofessional contextprofessional language across care providers under complicated clinear states and using language the clinical succent states and using language the clinical in challenging situationscommunications are information by electronic communication and in the used is organized, easy to understand, and conveys the main pointprofessional tarks and in other's case reportscommunication and in discussions, case reports, etc. supervisors using language the clinical providers in a supervisor using language the clinical providers understand, and conveys to states understanding of communication and in the use of social media to of social media to</td> <td></td> <td></td> <td></td> <td></td> <td>Verbal, nonverbal, and</td>	using verbal, nonverbal, and written skills- applied to clinical situationsprofessional contextprofessional language across care providers under complicated clinear states and using language the clinical succent states and using language the clinical in challenging situationscommunications are information by electronic communication and in the used is organized, easy to understand, and conveys the main pointprofessional tarks and in other's case reportscommunication and in discussions, case reports, etc. supervisors using language the clinical providers in a supervisor using language the clinical providers understand, and conveys to states understanding of communication and in the use of social media to					Verbal, nonverbal, and
and written skillssituationsproviders under complicated circumstancesinformative, artic succinct, sophisticExamples:Conveys non-verbal behavior consistent with verbal communicationExamples:Providers under complicated circumstancesinformative, artic succinct, sophisticWrites in a way that is organized, easy to understand, and conveys the main pointPrepares clearly written assessment reportsPrepares clearly written assessment reportsPrepares clearly written assessment reportsPresents clinical process to supervisors understand in challenging give whor dialoguing with other healthcare providersExamples:Examples:Examples:• Uses professional terms and concepts appropriately and clearly in discussions, case reports, etc.• Uses appropriate professional indiscussions, case reports, etc.• Presents clinical process to supervisors understand• Presents clinical process to supervisors understand• Demonstrates supervisor in a succinct, organized, eases• Demonstrates skillful communication with patients, families, colleagues and co- workers• Prepares communication with patients, families, colleagues and other professionals, other institutions, systems related to patient care • Uses developmentally appropriate language in all phases of communication with patients, families, colleagues and other profile patient confidentiality and the family's right to know• Decuments thoroughly and efficiently and the family's right to know• Prepares communication with patients, families, colleagues patient conouters• Prepares communication with patients, families, colleagues patient confidentiality and the family's	and written skills       situations       providers under complicated circumstances       informative, articulate circumstances       informative, articulate circumstances         Examples:       - Understands terms and concepts used in professional texts and in others' case reports       - Provides verbal feedback to Client regorts       - Provides verbal feedback to Client regorts       Examples:       - Secks out supervisor support to enhance skills related to communication for increasingly in discussions, case reports, etc.       - Demonstrates understand, and conveys in discussions, case reports, etc.       - Uses appropriately and clearly in discussions, case reports, etc.       - Demonstrates skillful communication for increasingly other healthcare providers to supervisors understand       - Demonstrates skillful communication with supervisors understand       - Demonstrates skillful communication with patients, professionals, other institutions, systems related to patient care Uses developmentally appropriate professionals, other institutions, systems related to patient care communication with patients, professionals in sharing information by electronic communication and in the use of social media expressive modalities       - Demonstrates witten communication with patients, professionals dire institutions, systems related to patient care communication with patients, professionals, other institutions, systems related to patient care communication with patients, communication with patients, expressive modalities       - Demonstrates witten communication with patients, professional and accurate and appropriate level of spinitication communication with patients, expressive modalities       - Demonstrates stillful communication with patients, familites and other professional and communication with the					
<ul> <li>Examples:</li> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Writes in a way that is organized, easy to understand, and conveys the main point</li> <li>States understanding of basic components of effective writen and oral formatis of communication</li> <li>Uses serbal language that supervisors understand</li> <li>Uses serbal language that supervisors understand</li> <li>Uses serbal language that supervisors understand and conveys main points</li> <li>Uses serbal language that supervisors understand</li> <li>Uses serbal language that supervisors understand and conveys main points</li> <li>Uses developmentally appropriate to patients, families, systems related to patient care</li> <li>Uses developmentally appropriate level of sophistication with patients, families, colleagues and other professionals on appropriate level of sophistication with patients, families, colleagues and other professional sources when cultural differences create barriers to patient care providers that is appropriate level of sophistication</li> <li>Communication with patients, families, colleagues and other professionals on appropriate level of sophistication</li> <li>Communication with patients, families, colleagues and other professional sources when cultural differences create barriers to patient care providers that is appropriate level of sophistication</li> <li>Communication with patients, families, colleagues and other professional sources when cultural differences create barriers to patient care providers that is appropriate level of sophistication</li> <li>Communication with patients, confidentiality and the family's right to know</li> <li>Appropriately balances patient confidentiality and the family's right to know</li> <li>Appropriately balances patient confidentiality and the family's right to know</li> </ul>	<ul> <li>Examples:</li> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Writes in a way that is organized, casy to understand, and conveys the main point</li> <li>Uses professional terms and concepts appropriately and clearly in discussions, case reports, etc.</li> <li>Shares clinical opinions with supervisors unig language that is organized, casy to understand on only effective written and onal formation by electronic communication is understandable, consistent across expressive modalities</li> <li>Maintains appropriate boundaries in sharing information by electronic communication</li> <li>Maintains appropriate boundaries in sharing information by electronic communication</li> <li>Maintains appropriate boundaries in sharing information by electronic communication</li> <li>Maintains appropriate book of sophistication and between patients, families, systems related to polynisticated and efficient, concest and efficient, concest strategies to osphistication and periments</li> <li>Maintains appropriate boundaries in sharing information by electronic communication</li> <li>Maintains appropriate boundaries expressive modalities</li> <li>Maintains appropriate boundaries expressive modalities</li> <li>Maintains appropriate boundaries expressive modalities</li> <li>Maintains appropriate boundaries in dimegi away consistent with and between patients, families, colleagues and other heanily's right of momunication with patients, consistent across expressive modalities</li> <li>Maintains appropriate boundaries in the use of social media consistent across</li> <li>Maintains appropriate boundaries in the use of social media in dutices to ensure patient and families in sharted decision making in the use of social media in the use of social media i</li></ul>		and written skills- applied to clinical	professional context		
<ul> <li>Examples:         <ul> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Writes in a way that is organized, easy to understand, and conveys the main point</li> <li>Prepares clearly written assessment reports</li> <li>Prepares clearly written assessment reports</li> <li>Uses professional terms and concepts appropriately and clearly in discussions, case reports, effective written and oral formats of effective written and oral formats of effective written and oral formats of effective written and oral formation by electronic communication is with supervisors using language that is organized, easy to understand and conveys main points</li> <li>Uses everbal language that is organized, easy to understand and conveys main points</li> <li>Uses everbal language that is organized, easy to understand and conveys main points</li> <li>Uses everbal language in all phases of communication with patients, families, professional is obterist. Communication with patients in sharing information by electronic communication is we of social media</li> <li>Communication is the use of social media</li> <li>Communication with patients, families, and appropriate level of sophistication is mother where the balances patient is main points</li> <li>Communication is the patient scree contracts with families at an appropriate level of sophistication is consistently communicates</li> <li>Communicates in sharing information by electronic communication is the patient scree contracts with families at an appropriate level of sophistication is consistently communicates</li> <li>Communicates in sharing informatio</li></ul></li></ul>	<ul> <li>Examples:</li> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Writes in a way that is organized, easy to understand, and conveys the main point</li> <li>States understanding of basic components of effective written and order formats of communication of in fibration by electronic communication is understand and conveys that is organized, easy to understand and conveys the main point</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Uses developmentally appropriate language in all phases of communication with patients, systems related to patient care understand and conveys in discussional scale appropriate professionals on a care team</li> <li>Decuments thrawith the use of social media communication is understandable, consistent across expressive modalities</li> <li>Communication with patients, families, colleaques and other healthcare propriate level of sophisticated and partinet with patients, families, colleaques and other healthcares propriate level of sophisticated and partinet with patients, families, colleaques and other healthcares propriate level of sophisticated strategies to ensure patient and family understanding</li> <li>Documents that is appropriate level of sophisticated and timely way consistent with medical record</li> <li>Appropriate level of sophisticates and timely way consistent with the medical record in an accurate strategies to ensure patient and timely way consistent with the medical record in an accurate and timely way consistent with attimely materstanding</li> <li>Documents t</li></ul>	and written skills	situations			
<ul> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Understands terms and concepts used in professional texts and in others' case reports</li> <li>Writes in a way that is organized, easy to understand and conveys the main point</li> <li>States understanding of befice twe written and oral formats of communication</li> <li>Uses serbal language that is organized, easy to understand and conveys main points</li> <li>Uses and facilitates accurate, clear, and effective communication with patients, families, and between patients, families, and between patients, families, colleagues and other health care providers that is organized, easy to understand and conveys main points</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Uses and facilitates accurate, clear, and effective communication with patients, families, colleagues and other health care providers that is organized, easy to understand and conveys main points</li> <li>Maintains appropriate points of soft situations, systems related to patient care communication with patients, families, colleagues and other health care providers that is appropriate professionals, other institutions, organized, easy to understand and conveys main points</li> <li>Communication with patients, communication with patients, consistent with families and appropriate level of sophistication is wrother with with there is the use of social media</li> <li>Communication is</li> <li>Communication is</li> <li>Communication is</li> <li>Communication is</li> <li>Communication with patients, consistent by communicates</li> <li>Appropriate level of sophistication is</li> <li>Communicates with families and appropriate level of sophistication is</li> <li>Communicates with famili</li></ul>	<ul> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Understands terms and concepts used in professional terms and corganized, easy to understand, and conveys the main point</li> <li>Prepares clearly written assessment organized, easy to understand, and conveys the main point</li> <li>Uses sprofessional terms and concepts appropriately and clearly in discussions, case reports, etc.</li> <li>Shates understandi no effective written and oraf formation by electronic communication and in the use of social media communication and in the use of social media communication is understandable, consistent across expressive modalities</li> <li>Uses and facilitates communication with patients, families, colleagues and other professionals on a care team</li> <li>Demonstrates written communication with patients, families, colleagues and other communication with patients, families, colleagues and other communication with patients, families, colleagues and con- communication with patients, families, colleagues and con- workers</li> <li>Decuments that is appropriate level of sophistication communication is that is appropriate level of sophistication family understanding</li> <li>Documents clinical encounters in the medical record</li> <li>Appropriately balances patient and timely way consistent with invitivitional patients</li> <li>Constitutional patients families and particutation with and timely way consistent with invitivitional patients</li> <li>Appropriately balances patient confidentiality and communication</li> <li>Appropriately balances patient and timely way consistent with invitivitional patients</li> <li>Documents the inclusion of family understanding</li> <li>Documents clinical encounters in the medical record</li> <li>Appropriate sappropriate face-tooin communication</li> <li>Appropriate sappropriate face-tooin communication</li> <li>Appropriate sappropriate face-tooin communication</li> <li>Demonstrates appropr</li></ul>				circumstances	
consistent across expressive modalitiessurfacegres to ensure patient and family understandingconfidentiality and communication with the treatment teamjudgment in the inclusion of sensitive patient material in the medical recordEngages in scholarly activ regarding effec communication• Documents clinical encounters in the medical record in an accurate and timely way consistent with• Ocuments clinical encounters in the medical record in an accurate and timely way consistent with• Ocuments clinical encounters in the medical record in an accurate and timely way consistent with• Ocuments clinical encounters in the medical record in an accurate families in shared decision making the medical record in an accurate families in shared decision making the medical record in an accurate and timely way consistent with• Ocuments clinical encounters in the medical record in an accurate families in shared decision making the medical record in an accurate the medical record in an accurate and timely way consistent with• Ocuments clinical encounters in the medical record in an accurate the medical record in a accurate in a accurate accurate the medical record in a accurate a	Tace interaction while using Ewik and with families happing and	<ul> <li>Examples:</li> <li>Conveys non-verbal behavior consistent with verbal communications</li> <li>Writes in a way that is organized, easy to understand, and conveys the main point</li> <li>States understanding of basic components of effective written and oral formats of communication</li> <li>Uses verbal language that is organized, easy to understand and conveys main points</li> <li>Maintains appropriate boundaries in sharing information by electronic communication and in the use of social media</li> <li>Communication is understandable, consistent across</li> </ul>	<ul> <li>Examples:</li> <li>Understands terms and concepts used in professional texts and in others' case reports</li> <li>Prepares clearly written assessment reports</li> <li>Uses professional terms and concepts appropriately and clearly in discussions, case reports, etc.</li> <li>Shares clinical opinions with supervisors using language that supervisors understand</li> <li>Uses and facilitates accurate, clear, and effective communication with and between patients, families, professionals, other institutions, systems related to patient care</li> <li>Uses developmentally appropriate language in all phases of communicates with families at an appropriate level of sophistication</li> <li>Consistently communicates strategies to ensure patient and family understanding</li> <li>Documents clinical encounters in the medical record in an accurate and timely way consistent with</li> </ul>	<ul> <li>Provides verbal feedback to client regarding assessment and diagnosis using language the client can understand in challenging situations</li> <li>Uses appropriate professional language when dialoguing with other healthcare providers</li> <li>Presents clinical process to supervisor in a succinct, organized, well-summarized way for typical cases</li> <li>Effectively facilitates communication with patients, families and other professionals on a care team</li> <li>Demonstrates written communication with patients, families, colleagues and other health care providers that is appropriate, efficient, and pertinent</li> <li>Appropriately balances patient confidentiality and the family's right to know</li> <li>Appropriately balances patient confidentiality and communication with the treatment team</li> <li>Consistently engages patients and families in shared decision making</li> </ul>	<ul> <li>circumstances</li> <li>Examples: <ul> <li>Seeks out supervisor support to enhance skills related to communication for increasingly complex clinical and professional situations</li> <li>Ensures transitions of care are optimally communicated across systems and continuums of care</li> <li>Demonstrates skillful communication that is appropriate, efficient, concise and pertinent with patients, families, colleagues and coworkers</li> <li>Recruits appropriate assistance from supervisors and external sources when cultural differences create barriers to patient care</li> <li>Documents thoroughly and efficiently patient encounters and uses discretion and judgment in the inclusion of sensitive patient material in the medical record</li> <li>Uses discretion and judgment in electronic communication</li> </ul> </li> </ul>	<ul> <li>succinct, sophisticated and well-integrated</li> <li>Examples: <ul> <li>Demonstrates descriptive, understandable command of language, both written and verbal</li> <li>Prepares sophisticated and compelling case reports</li> <li>Treatment summaries are concise, yet comprehensive</li> <li>Participates in the development of changes in rules, policies and procedures related to communication technology</li> <li>Engages in scholarly activity regarding effective communication and</li> </ul> </li> </ul>
						 ] []

COMMUNICATION AND INTERPERSONAL SKILLS AVERAGE: \_\_\_\_\_

OVERALL COMMUNICATION AND INTERPERSONAL SKILLS COMMENTS:

# **Competency VI: Assessment**

Trainees develop competence in evidence-based psychological assessment with a variety of diagnoses, problems and needs

Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of the value of EBP and its role in scientific psychology Examples: • Articulates the relationship of EBP to the science of psychology • Discusses in supervision different interventions and explanations for their use based on EBP	<ul> <li>Demonstrates basic knowledge of scientific, theoretical, and contextual bases of assessment, intervention and other psychological applications;</li> <li>Examples: <ul> <li>Formulates a searchable question from a clinical practice problem and conducts a basic online search to answer it</li> <li>Investigates existing literature related to problems and client issues with supervisor guidance</li> <li>Identifies basic strengths and weaknesses of different assessment and intervention approaches</li> <li>With guidance, selects reasonable (evidence-based) interventions, assessment tools, and consultation methods for different problems and populations related to the practice setting</li> </ul> </li> </ul>	<ul> <li>Applies knowledge of EBP under moderate supervision, including empirical bases of assessment, intervention, and other psychological applications, clinical expertise, and client preferences</li> <li>Examples: <ul> <li>Applies the concept and value of EBP and its role in scientific and applied psychology</li> <li>Independently searches for and discriminates among evidence relevant to clinical practice problems</li> <li>Critically appraises different types of research, including RCT's, systematic reviews, meta-analyses and practice guidelines</li> <li>Creates a treatment plan that reflects successful integration of empirical findings, clinical judgment, and client preferences in consultation with supervisor</li> <li>Shows improvement in clinical practice based on continual self- assessment and evidence-based information</li> </ul> </li> </ul>	<ul> <li>Applies knowledge of EBP with minimal supervision including empirical bases of assessment, intervention, and other psychological applications, clinical expertise, and client preferences; Begins to self-monitor own process of keeping up to date with evidence-based practice; continues to receive consultation on complicated cases</li> <li>Examples:         <ul> <li>Writes a comprehensive case summary incorporating evidence-based practice</li> <li>Presents rationale for intervention strategies that include empirical support</li> <li>Independently creates a treatment plan that reflects successful integration of empirical findings, clinical judgment, and client preferences</li> <li>Demonstrates use of a system or process for keeping up with relevant changes in psychology</li> </ul> </li> </ul>	<ul> <li>Independently applies knowledge of EBP including empirical bases of assessment, intervention, and other psychological applications, clinical expertise, and client preferences; models and disseminates EBP</li> <li>Examples: <ul> <li>Teaches others techniques to efficiently incorporate evidence gathering into clinical workflow</li> <li>Contributes to the knowledge base and disseminates new information through peer- reviewed publication and other scholarly activity</li> <li>Sustains a practice of self- assessment and keeping up with relevant changes in psychology and applied evidence appropriately to practice</li> </ul> </li> </ul>

# COMPETENCY: ASSESSMENT ELEMENT: Knowledge and Application of Diagnostic Interviewing Techniques

Demonstrates basic knowledge of models and techniques, of basic clinical interviewing and mental status examUses appropriate interview question strategies to gather background interviewing and mental status examUses appropriate interview question strategies to gather background interviewing and mental status examUses appropriate interview question strategies to gather background interviewing and mental status examples:Uses appropriate interview question strategies to gather background interviewing and reaches supervisionUses appropriate interview question strategies to gather background interviewing and reaches supervisionUses appropriate interview question strategies to gather background interviewing and reachesIndexpendently conducts complex diagnostic interview and reaches to gather back information for structured interviews and mental status examsUses appropriate interview question structured and semi-structured interviews and mental status examsUses appropriate interview question structured and semi-structured at semi-structured interviews and mental status examsUses appropriate interview question structured and semi-structured at semi-structured interviews a	Level 1	Level 2	Level 3	Level 4	Level 5
	<ul> <li>Demonstrates basic knowledge of models and techniques, of basic clinical interviewing and mental status exam</li> <li>Examples: <ul> <li>Discusses in supervision different interviewing strategies (structured and semi- structured interviews, mini-mental status exam)</li> <li>Discusses in supervision the relevant sources of information to access during the interview process</li> <li>Discusses in supervision which data to collect and from whom during the interview process (patient and relevant caretakers to evaluate biological, psychosocial, physical health functioning)</li> <li>Discusses the different components of a comprehensive biopsychosocial interview with patient</li> </ul> </li> </ul>	<ul> <li>Demonstrates ability under moderate supervision to implement basic knowledge of models and techniques, of basic clinical interviewing and mental status exam</li> <li>Examples: <ul> <li>Extracts the relevant data from observing others perform structured and semi-structured interviews and mental status exams</li> <li>Considers the structure and functioning of the family, including strengths, vulnerabilities, and cultural factors, as they pertain to the client and uses that information to recommend additional questions to ask of the data source</li> <li>Lists major risk and protective factors for danger to self and others and abuse/neglect from observing a supervisor's interview and discusses how to be further assess these concerns through interviewing</li> <li>Begins to acquire basic data relevant to referral questions from interviews with moderate supervision</li> </ul> </li> </ul>	<ul> <li>Uses appropriate interview question strategies to gather background information from families, patients, and other relevant resources with supervision to gather basic information</li> <li>Examples: <ul> <li>Acquires accurate and relevant data from structured and semi-structured interviews and mental status exams customized to the patient's complaints when conducting interviews</li> <li>Assesses structure and functioning of the family, including strengths, vulnerabilities, and cultural factors, as they pertain to the client</li> <li>Assesses patient safety, including suicidal and homicidal ideation, and considers the potential for trauma, abuse, aggression, and high-risk behaviors</li> <li>Conducts a comprehensive biopsychosocial interview with patient and relevant caretakers across commonly occurring case presentations with moderate supervision</li> <li>Conducts brief, targeted interviews with patient and relevant caretakers to evaluate biological and psychosocial functioning related to physical health or illness/injury with moderate supervision</li> </ul> </li> </ul>	<ul> <li>Uses appropriate interview question strategies to efficiently gather more nuanced information, with minimal supervision</li> <li>Examples: <ul> <li>Conducts comprehensive biopsychosocial interview with patient and relevant caretakers to evaluate biological and psychosocial functioning related to the presenting health concern across commonly occurring and atypical case presentations with minimal supervision</li> <li>Obtains information that is sensitive and not readily offered by the patient</li> <li>Shifts the focus of the interview when verbal and non-verbal information is conflicting to attempt to understand what is not being verbalized</li> <li>Modifies interview approach to assess patients at different developmental or cognitive ability levels, including use of non-verbal techniques</li> <li>Assesses the family in a sophisticated and culturally-sensitive manner</li> <li>Flexibly determines interview needs, with ability to shift to alternative strategies in response</li> </ul> </li> </ul>	Independently conducts complex diagnostic interviews and teaches interviewing techniques to others Examples: • Conducts comprehensive biopsychosocial interview with patient and relevant caretakers to evaluate biological and psychosocial functioning related to the presenting healt concern across commonly occurring and atypical case presentations independently

# COMPETENCY: ASSESSMENT ELEMENT: Knowledge and Application of Evaluation/Measurement/Assessment Tools ITEM: 6C

DemonstratesCompares measurementSelects assessment measures with attention to issues of reliability, validity, and appropriateness toDemonstratesfunctioning and practice settingsvalidity, and appropriateness to	Selects assessment measures with attention to issues of reliability, validity,	Flexibly determines assessments needed, with
need to utilize appropriate measurement tools in order to assess 	<ul> <li>and appropriateness to answer diagnostic questions with minimal supervision</li> <li>Demonstrates awareness of the strengths and limitations of administration, scoring and interpretation of traditional and nontraditional assessment measures as related to developmental, cultural, educational, socioeconomic, and family-based factors under minimal supervision</li> <li>Conducts evaluation in ways that are responsive to and respectful of diverse individuals, couples, families, and groups and context</li> <li>Examples: <ul> <li>Independently selects assessment tools that reflect awareness of client population served at practice site</li> <li>Independently selects, administers, scores, and interprets evidence-based assessment tools appropriate for the patient for the purpose of case conceptualization, treatment planning, monitoring and evaluating treatment outcomes, and facilitating referrals across commonly occurring and atypical case presentations</li> <li>Demonstrates awareness and competent use of culturally sensitive instruments, norms</li> </ul> </li> </ul>	<ul> <li>ability to shift to alternative strategies in response to additional information</li> <li>Stays updated as new measures are developed</li> <li>Examples: <ul> <li>Utilizes creative use of evaluation techniques, both verbal and non- verbal</li> <li>Adapts assessment to patient characteristics with minimal supervision</li> <li>Completes appropriate literature searches regarding new assessment methods</li> <li>Aware of newly published tests</li> </ul> </li> </ul>

	<ul> <li>Relates observations with test performance in discussion with supervisor</li> <li>Discusses diagnostic formulation and case conceptualization in didactics or with supervisor</li> </ul>	<ul> <li>diagnosis, case conceptualization, and recommendations</li> <li>Assesses development across all domains</li> <li>Seeks consultation as needed to guide assessment</li> <li>Adapts assessment to patient characteristics with moderate supervision</li> </ul>	
Comments:			
			Not yet achieved Level 1

COMPETENCY: ASSESSMEN ELEMENT: Case Conceptualiz ITEM: 6D	zation and Diagnosis		1	
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates basic	Discusses ways of applying	With moderate supervision,	With minimal supervision applies	Independently applies
knowledge regarding the	concepts of normal/abnormal	applies concepts of	concepts of normal/abnormal behavior	concepts of
range of normal and	behavior to diagnosis in the	normal/abnormal behavior to	to conceptualize and diagnosis in the	normal/abnormal
abnormal behavior in the	context of stages of human	conceptualize and diagnosis in	context of stages of human development	behavior to conceptualize
context of stages of human	development and diversity	the context of stages of human	and diversity, with understanding of a	and diagnosis in the
development and diversity		development and diversity	variety of diagnoses both within and	context of stages of
	Examples:		outside of area of specialty	human development and
Examples:	• Has a strong understanding of	Examples:		diversity, with
<ul> <li>Accurately describes</li> </ul>	normative, adaptive, and	• Describes how development	Examples:	understanding of a
normal developmental	maladaptive child emotional,	influences or interacts with	• Uses information regarding biological,	variety of diagnoses both
milestones for motor and	cognitive, social, and	the presentation of	psychosocial, and physical health	within and outside of
speech-language skills	behavioral development	psychopathology	functioning in making diagnosis (bio-	area of specialty
<ul> <li>Describes the typical</li> </ul>	Understands pediatric	Demonstrates sufficient	psycho-social model/	
developmental trajectory	illness/injury and the effects of	knowledge to include	neurodevelopmental systems model)	Examples:
for emotional, behavioral,	disease/treatment process on	relevant medical and	Shows knowledge sufficient to	• Demonstrates a
attentional, and social	development	neurological conditions in	identify a wide range of psychiatric	sophisticated
skills	• Has knowledge of health	the differential diagnoses	conditions in patients with medical	understanding of
Lists criteria for common	disparities in children	Organizes case formulation	disorders	current controversies
DSM-5 diagnoses in	• Knowledge of how other	in a systematic manner that	Demonstrates understanding of	in diagnosis
infancy, childhood, and	systems (e.g., school, health	follows a conceptual model	developmental disorders within the	• Expands the
adolescence	care, state and federal policies)		context of medical diagnoses	differential diagnosis

<ul> <li>medical and psychiatric symptoms and disorders</li> <li>Lists examples of interactions between psychiatric symptoms and psychosocial stressors</li> <li>Participates, with support from supervisors, in diagnostic formulation and case conceptualization</li> </ul>	<ul> <li>interact with pediatric health and illness</li> <li>Organizes and accurately summarizes information obtained as applied to presenting question</li> <li>Describes patients' symptoms and problems, precipitating stressors or events, predisposing life events or stressors, perpetuating and protective factors, and prognosis</li> <li>Begins to formulate appropriat diagnosis, demonstrating understanding of basic DSM-5 criteria, with significant supervision</li> </ul>	various diagnoses	<ul> <li>Efficiently synthesizes all information a concise but comprehensive formulation</li> <li>Demonstrates case conceptualization and treatment planning that are hig integrative across contexts and adaptive to the changing needs of patients</li> <li>Independently formulates appropridiagnosis and recommendations, demonstrating understanding of ration unique cases</li> <li>Incorporates subtle, unusual, or conflicting reports into hypotheses formulations, including developmental, family, and system factors</li> </ul>	are presentations or disorders • Shows sufficient knowledge to identify treatment options for uncommon psychiatric conditions in patients with medical disorders • Demonstrates flexibility in making diagnosis and recommendations when all relevant data
Comments:				Not yet achieved Level 1
COMPETENCY: ASSESSME ELEMENT: Communication of ITEM: 6E				
Level 1	Level 2	Level 3	Level 4	Level 5

	<ul> <li>Includes both strengths and weaknesses in written and verbal feedback</li> <li>Communicates diagnostic information (including both primary and comorbid diagnoses and the relationships among them) to client/caregivers in clear and direct language</li> <li>Results are provided in an open and honest, yet supportive and sensitive manner</li> <li>Answers questions appropriately with supervisor support</li> <li>Awareness that the verbal feedback sessions can be both instructive and change invoking – the beginnings of a therapeutic process</li> </ul>	<ul> <li>consumers with minimal supervision</li> <li>Effectively communicates complete diagnostic picture, rule-outs, assessment results, limitations of findings, and makes appropriate recommendations verbally in a supportive manner to clients/caregivers with minimal supervision</li> <li>Includes both strengths and weaknesses in written and verbal feedback</li> <li>Flexibly communicates results based on family understanding with minimal supervision</li> <li>Appropriate recognizes the therapeutic process involved in feedback sessions</li> <li>Effectively answers questions with minimal supervision</li> </ul>	<ul> <li>instructive and change invoking – the beginnings of a therapeutic process</li> <li>Flexibly communicates results based on family understanding</li> <li>Efficiently communicates results while minimizing jargon</li> <li>Effectively answers questions from client/caregivers – to include effectively managing sensitive and potentially controversial topics, as well as being able to construct appropriate responses to novel questions/concerns</li> <li>Effectively manages client/caregiver grief in feedback session</li> </ul>
Comments:			Not yet achieved Level 1

ASSESSMENT AVERAGE:	
ASSESSMENT COMMENTS:	

# **Competency VII: Intervention**

Demonstrate competence in evidence-based interventions consistent with a variety of diagnoses, problems and needs and across a range of therapeutic orientations, techniques, and approaches

knowledge of the value of evidence-based practice and its role in scientific psychological applications;scientific, theoretical, and contextual bases of assessment, intervention and other psychological applications;empirical bases of assessment, and other psychological applications, clinical expertise, and client preferencesprocess of keeping up to date with evidence-based practice and uses EBP effortlessly with clients requiring little supervision different interventions and explanations for their use based on EBP explorations ontol their use based on EBPscientific, theoretical, and contextual bases of assessment, intervention and other psychological applications;empirical bases of assessment, and other psychological applications, clinical expertise, and discriminates among evidence relevant to clinical practice problems and conducts a basic online search to answer itempirical bases of assessment, applications, clinical expertise, and discriminates among evidence relevant to clinical practice problems and conducts a basic ostrengths and weaknesses of different approachesempirical bases of assessment, approachesprocess of keeping up to date with wises EBP effortlessly with clients requiring little uscressful integration of empirical findings, clinical judgment, and client preferences in consultation with supervisorknowledge of evidence-based practice, including empirical applications, clinical preferencesexamples:Examples:Independently searches for and discriminates among evidence relevant to clinical practice problems assessment, intervention and other approachesIndependently searches for and discriminates and ecifical preferencesExamples:Indepe	Level 1	Level 2	Level 3	Level 4	Level 5
	of evidence-based practice and its role in scientific psychology Examples: • Articulates the relationship of EBP to the science of psychology • Discusses in supervision different interventions and explanations for their use based on EBP • Selects an appropriate evidence-based information tool to meet self-identified learning or clinical	<ul> <li>contextual bases of assessment, intervention and other psychological applications;</li> <li>Examples: <ul> <li>Formulates a searchable question from a clinical practice problem and conducts a basic online search to answer it</li> <li>Investigates existing literature related to problems and client issues with supervisor guidance</li> <li>Identifies basic strengths and weaknesses of different assessment and intervention approaches</li> <li>Critically appraises different types of research, including RCT's, systematic reviews, meta- analyses and practice guidelines</li> <li>Selects reasonable (evidence- based) interventions, assessment tools, and consultation methods for different problems and populations related to the practice</li> </ul> </li> </ul>	<ul> <li>intervention, and other psychological applications, clinical expertise, and client preferences</li> <li>Examples: <ul> <li>Independently searches for and discriminates among evidence relevant to clinical practice problems</li> <li>Creates a treatment plan that reflects successful integration of empirical findings, clinical judgment, and client preferences in consultation with supervisor</li> <li>Applies knowledge of EBP, including empirical bases of assessment, intervention and other applications with moderate supervision</li> <li>Writes a statement of own evidence-based theoretical perspective regarding intervention strategies</li> <li>Applies the concept and value of evidence-based practice and its role in scientific and applied psychology</li> <li>Shows improvement in clinical practice based on continual self-assessment and evidence-based</li> </ul> </li> </ul>	<ul> <li>with evidence-based practice and uses EBP effortlessly</li> <li>with clients requiring little supervision; continues to consult on complicated cases</li> <li>Examples: <ul> <li>Writes a comprehensive case summary incorporating evidence- based practice</li> <li>Presents rationale for intervention strategies that include empirical support</li> <li>Identifies and meets self- directed learning and clinical goals with little external guidance</li> <li>Sustains a practice of self- assessment and keeping up with relevant changes in psychology and applied evidence appropriately to</li> </ul> </li> </ul>	<ul> <li>practice, including empirical bases of assessment, intervention, and other psychological applications, clinical expertise, and client preferences; models and disseminates EBP</li> <li>Examples: <ul> <li>Independently creates a treatment plan that reflects successful integration of empirical findings, clinical judgment, and client preferences</li> <li>Teaches others techniques to efficiently incorporate evidence gathering into clinical workflow</li> <li>Contributes to the knowledge base and disseminates new information through peer- reviewed publication and other</li> </ul> </li> </ul>

#### **COMPETENCY: INTERVENTION ELEMENT: Intervention planning ITEM: 7B**

ITEM: 7B				
Level 1	Level 2	Level 3	Level 4	Level 5
Displays an emerging	Displays a growing	Formulates and conceptualizes	Demonstrates a solid case	Independently plans
understanding of the	understanding of using	cases and plans interventions	formulation and	interventions; case
relationship between	ongoing assessment to guide	utilizing at least one consistent	conceptualization grounded in	conceptualizations and
assessment and intervention,	treatment planning, conducts	theoretical orientation, requires	evidenced-based practices and	intervention plans are
conducts a rigid	a more flexible personalized	anticipatory guidance for session	theory, able to think through	specific to case and context,
standardized interview	interview to inform treatment	planning and troubleshooting	multiple case scenarios and	others seek out this trainee's
	planning, requires		treatment plan accordingly	input in their own treatment
Examples:	considerable structuring from	Examples:	during supervision or in vivo	planning
<ul> <li>Articulates a beginning understanding of how intervention choices are informed by assessment (e.g., clinical intake, testing)</li> <li>Articulates a beginning understanding of how initial and ongoing assessment guides the process of intervention</li> <li>Uses a standard interview template to prompt all questions; does not vary the approach based on a patient's unique physical, cultural, socioeconomic, or situational needs; may feel intimidated or uncomfortable asking personal questions of patients</li> </ul>	<ul> <li>supervisor</li> <li>Examples:</li> <li>Formulates basic case conceptualization and treatment planning skills</li> <li>Uses the interview template to establish rapport and focus on information exchange relevant to a patient's or family's primary concerns</li> <li>Identifies physical, cultural, psychological, and social barriers to communication, but often has difficulty managing them</li> <li>Begins to use non- judgmental questioning scripts in response to sensitive situations</li> </ul>	<ul> <li>Articulates a theory of change and identifies interventions to implement change</li> <li>Displays treatment planning skills, including case conceptualization, appropriate to the health concern and developmental status of the patient and family</li> <li>Integrates best available research with clinical expertise in the context of patient illness, characteristics, culture, and preferences</li> <li>Uses the interview template to effectively establish rapport</li> <li>Mitigates physical, cultural, psychological, and social barriers in most situations</li> <li>Communicates verbal and nonverbal language that promotes</li> </ul>	<ul> <li>Examples:</li> <li>Writes case conceptualization reports and collaborative treatment plans incorporating evidence-based practices</li> <li>Demonstrates case conceptualization and treatment planning that are theoretically grounded and evidence-based</li> <li>Implements evidence-based health and behavior interventions</li> <li>Selects interventions for different problems and populations related to the practice setting</li> <li>Implements health and behavior interventions with fidelity to empirical models and flexibility to adapt where</li> </ul>	<ul> <li>Examples:</li> <li>Accurately assesses presenting issues taking in to account the larger life context, including diversity issues</li> <li>Conceptualizes cases independently and accurately</li> <li>Independently selects intervention(s) appropriate for the presenting issue(s)</li> <li>Case conceptualization and treatment planning are highly integrative across contexts and adaptive to the changing needs of patients</li> <li>Determines situations that require different role functions and shifts roles</li> </ul>
Function		trust, respect, and understanding; develops scripts to approach most difficult communication scenarios	appropriate	accordingly to meet referral needs
Comments:				Not yet achieved Level 1

# COMPETENCY: INTERVENTION ELEMENT: Skills

ITEM: 7C				
Level 1	Level 2	Level 3	Level 4	Level 5
Displays basic helping skills Examples: • Utilizes helping skills, such as empathic /reflective listening, framing problems • Uses non-verbal communication such as eye-contact and body positioning with clients to convey interest and concern	<ul> <li>Displays basic clinical skills<sup>1</sup></li> <li>Examples: <ul> <li>Establishes rapport with uncomplicated clients/Develops rapport with most clients</li> <li>Establishes therapeutic relationships with uncomplicated clients</li> <li>Reports, mostly accurately, to the supervisor about how therapeutic relationships are being developed and potential areas of concern</li> <li>Able to shift from relationship building to intervention delivery</li> <li>Connects with clients and families in an authentic manner that fosters a trusting and loyal relationship</li> <li>Begins to use past experiences to anticipate and read (in real time) the emotional responses in himself and others across a limited range of medical communication scenarios, but does not yet have the ability or insight to moderate behavior to effectively manage the emotions; strong emotions in oneself and others may still become overwhelming</li> </ul> </li> </ul>	<ul> <li>Displays clinical skills within the context of a therapeutic relationship</li> <li>Examples: <ul> <li>Establishes <u>and maintains</u> rapport and a therapeutic relationship with typical clients</li> <li>Utilizes appropriate judgment about when to consult supervisor outside the supervision hour(s)</li> <li>Independently seeks supervision in complicated treatment situations</li> <li>Able to maintain therapeutic relationship while providing effective, evidence-based intervention</li> <li>Anticipates, reads, and reacts to emotions in real time with appropriate and professional behavior in nearly all typical communication scenarios, including those evoking very strong emotions; uses these abilities to gain and maintain therapeutic alliances with others<sup>5</sup></li> </ul> </li> </ul>	<ul> <li>Displays clinical skills with a variety of clients, in established as well as consultative therapeutic relationships</li> <li>Examples: <ul> <li>Develops rapport and relationships with wide variety of clients</li> <li>Establishes <u>and maintains</u> rapport and a therapeutic relationship with <u>complicated</u> clients while providing effective, evidence-based intervention</li> <li>Continues to seek supervision in complicated treatment situations</li> <li>Perceives, understands, uses, and manages emotions in a broad range of communication scenarios and learns from new or unexpected emotional experiences; effectively manages own emotions appropriately in all situations; effectively and consistently uses emotions to gain and maintain therapeutic alliances with others</li> </ul> </li> </ul>	<ul> <li>Displays clinical skills with a wide variety of clients and uses good judgment even in <u>unexpected or difficult</u> situations</li> <li>Examples: <ul> <li>Uses good judgment about unexpected issues, such as crises, use of supervision, confrontation</li> <li>Effectively delivers intervention despite ruptures in therapeutic relationship and/or during crisis situations</li> <li>Intuitively perceives, understands, uses, and manages emotions to improve the health and well-being of others and to foster therapeutic relationships in any and all situations</li> </ul> </li> </ul>
Comments:				Not yet achieved Level 1

#### COMPETENCY: INTERVENTION ELEMENT: Intervention Implementation ITEM: 7D

ITEM: 7D				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates basic knowledge of intervention strategies	Demonstrates basic ability to establish a therapeutic relationship with clients	Displays clinical skills within the context of a therapeutic relationship	Implements interventions with fidelity to empirical models	Flexibility to adapts empirical treatment models where appropriate
<ul> <li>Examples:</li> <li>Articulates awareness of the concept of evidence-based practice</li> <li>Articulates awareness of theoretical basis of one intervention and some general strategies associated with that intervention</li> <li>States treatment agenda at the beginning of therapy or consultative sessions</li> </ul>	<ul> <li>Examples:</li> <li>Discusses possible evidenced-based interventions for use with clients<sup>4</sup></li> <li>Uses communication to establish and maintain a therapeutic alliance; sees beyond stereotypes and works to tailor communication to the individual; a wealth of experience has led to development of scripts for the gamut of difficult communication scenarios; is able to adjust scripts ad hoc for specific encounters<sup>5</sup></li> <li>Sets session goals and agenda with client in a collaborative manner<sup>6</sup></li> <li>Illustrates rationale for each therapeutic technique utilized in session (to client and/or supervisor depending on orientation)<sup>6</sup></li> </ul>	<ul> <li>Examples:</li> <li>Case presentations demonstrate application of evidence-based practice</li> <li>Discusses evidence based practices during supervision<sup>1</sup></li> <li>Ability to devise, implement and flexibly revise an EBP plan by selecting, sequencing, and applying the most appropriate techniques, at the appropriate dosage for the current formulation</li> <li>Implements evidence-based treatment interventions to support overall treatment goals<sup>3</sup></li> <li>Implements evidenced-based wellness, health promotion, and prevention interventions appropriate to the health concern</li> <li>Terminates treatment successfully</li> <li>Applies specific evidence-based interventions</li> <li>Presents case that documents application of evidence-based practice</li> </ul>	<ul> <li>Examples:</li> <li>Independently and effectively implements a typical range of intervention strategies appropriate to practice setting</li> <li>Effectively communicates about progress/treatment updates in written and verbal form appropriately tailored for various consumers (e.g., patients, other medical professionals) and professional contexts (e.g., team meeting, family meeting)</li> <li>Effectively educates clients, families, and the public as part of all communication; intuitively handles the gamut of difficult communication scenarios with grace and humility</li> </ul>	Examples: • Independently recognizes and manages special circumstances
Comments:				Not yet achieved Level 1

#### **COMPETENCY: INTERVENTION ELEMENT: Progress Evaluation ITEM: 7E**

Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates beginning knowledge of the assessment of intervention progress and outcome	Treatment goals are created in a measurable and observable format; Treatment progress is monitored, but a measure of treatment progress is not identified <sup>4</sup>	Evaluates treatment progress and modifies treatment planning as indicated, utilizing established outcome measures with the support of supervisor	Evaluates treatment progress and modifies treatment planning as indicated, utilizing established outcome measures with minimal support from supervisor	Independently evaluates treatment progress and modifies planning as indicated, even in the absence of established outcome measures
<ul> <li>Examples:</li> <li>Articulate an understanding of the use of repeated assessment to guide treatment</li> </ul>	<ul> <li>Examples:</li> <li>Identifies measures of treatment progress and outcome by name</li> <li>Appropriately administers and scores treatment progress and outcome measures</li> <li>Assesses and documents treatment progress and outcomes</li> </ul>	<ul> <li>Examples:</li> <li>Describes instances of lack of progress and actions taken in response</li> <li>Demonstrates ability to evaluate treatment progress in context of evidence based interventions</li> <li>Alters treatment plan accordingly with the support of supervisor</li> </ul>	<ul> <li>Examples:</li> <li>Independently and accurately identifies actions needed to take response to lack of progress</li> <li>Implements identified actions with minimal support from supervisor</li> <li>Alters treatment plan accordingly with minimal support of supervisor</li> </ul>	<ul> <li>Examples:</li> <li>Critically evaluates own performance in the treatment role</li> <li>Seeks consultation when necessary</li> <li>Independently assesses treatment effectiveness &amp; efficiency</li> </ul>
Comments:				Not yet achieved Level 1

TERVENTION AVERAGE:	
ITERVENTION COMMENTS:	

# **Competency VIII: Supervision**

Supervision involves the mentoring and monitoring of trainees and others in the development of competence and skill in professional practice and the effective evaluation of those skills. Supervisors act as role models and maintain responsibility for the activities they oversee.

COMPETENCY: S		· ·		
ELEMENT: Superv ITEM: 8A	visory processes and procedure	S		
Level 1	Level 2	Level 3	Level 4	Level 5
Awareness of basic understanding of	Demonstrates basic knowledge of supervision models and practices	Identifies and tracks progress of one's goals and tasks of supervision while providing timely and relevant feedback	Demonstrates knowledge of effectively evaluating and addressing competency within a supervisee	Demonstrates knowledge of effectively evaluating and addressing
P&P of				competency within self as
<ul> <li>supervision</li> <li>Examples: <ul> <li>Recalls the policies and procedures (including due process) related to performance evaluations for supervisees</li> <li>Describes informed consent with supervisee</li> <li>Identifies the basic tenets of a specific model of supervision</li> </ul> </li> </ul>	<ul> <li>Examples:</li> <li>Prepares a preliminary supervision contract</li> <li>Articulates range of supervision models available and the utility of such models</li> <li>Articulates supervisor role (protection of the client and public, gatekeeping for the profession, enhancing the functioning of the supervisee to develop to their potential)</li> <li>Reviews the policies and procedures (including due process) related to performance evaluations for supervisees</li> <li>Describes one's expectations (evaluation, roles, responsibilities) of the supervisee behavior</li> <li>Observes supervisee's sessions and provides feedback on performance</li> </ul>	<ul> <li>Examples:</li> <li>Presents goals and related tasks of supervisee's growth and development to the supervisee</li> <li>Monitors and communicates progress on goals to supervisee</li> <li>Emphasizes clear articulation of training goals</li> <li>Encourages the supervisee's development</li> <li>Identifies and reflects the supervisee's areas of strength and efficacy to the See</li> <li>regularly reviews the progress of supervisee with the supervisee</li> <li>Identifies goals and tasks of supervision related to developmental progression</li> <li>Tracks progress achieving goals and setting new goals HSP: appreciates normative developmental challenges vs. truly problematic behaviors</li> <li>Observes a random sampling of supervisee's sessions and provides feedback to early and advanced level learners</li> <li>Provides feedback in a way that is sensitive to the power differential of the evaluative role also held by supervisor</li> <li>Identifies potential problem behaviors early, communicating these to the supervisee, taking steps to address in a timely manner</li> <li>seeks out 2<sup>nd</sup> opinions on potential</li> </ul>	<ul> <li>Examples:</li> <li>Manages the power differential within the supervisory relationship so that collaboration of care is optimized</li> <li>Recognizes and addresses the possibility of shame or demoralization that may come with feedback</li> <li>Balances amount and type of feedback given in any one sessions</li> <li>Documents supervisee's professional behaviors and attitudes of concern in writing with dates and specific behaviors</li> <li>Seeks consultation when supervisee has problems to ensure full understanding of the program, institutional and legal P&amp;P</li> <li>Addresses performances problems directly</li> <li>Encourages supervisee to self-evaluate and use this as a launching pad for further eval discussion and to enhance self-reflection (noting self eval is not always very accurate)</li> <li>Develops a plan to address PB</li> <li>Closely monitors and documents progress of supervisee after performance plan has been initiated</li> <li>Supervisor remains sensitive to individual and cultural differences throughout process</li> </ul>	<ul> <li>a supervisor</li> <li>Examples: <ul> <li>Writes a supervisory</li> <li>contract that accurately</li> <li>reflects roles and</li> <li>expectations of</li> <li>supervisor and</li> <li>supervisee (content,</li> <li>method and context of</li> <li>supervision (logistics,</li> <li>roles and processes))</li> <li>incorporating lessons</li> <li>learned</li> </ul> </li> <li>Demonstrates <ul> <li>knowledge of the</li> <li>scholarly literature on</li> <li>supervision competency</li> </ul> </li> <li>HSP: evaluates their</li> <li>own role in the</li> <li>supervisory relationship</li> <li>and adjusts their</li> <li>role/style as needed,</li> <li>providing more</li> <li>direction and oversight,</li> <li>assuring appropriate</li> <li>clinical care</li> </ul>

		opportunities to observe behaviors of concern		
Comments:				Not yet achieved Level 1
COMPETENCY: SUPE ELEMENT: Supervisor ITEM: 8B	y Practices			
Level 1	Level 2	Level 3	Level 4	Level 5
<ul> <li>Basic knowledge of and sensitivity to issues related to individual and cultural differences as they apply to the supervision relationship and process</li> <li>Examples:</li> <li>Respects the diversity of all members of the supervision triad, including the supervisee and the client(s)</li> <li>Understands the power differential inherent in the supervisory relationship</li> <li>Discusses basic knowledge of literature on</li> </ul>	<ul> <li>Demonstrates ability to apply basic supervisory practices; Begins to provide helpful supervisory input in peer and group supervision</li> <li>Examples: <ul> <li>Provides comments that ensures the welfare of the client(s) being discussed in group rounds</li> </ul> </li> <li>Assumes a role in the clinical teaching of early learners; expands on basic topics to members of a group process unfamiliar with terms being discussed</li> <li>Provides effective supervision to trainees and staff from other health professions pertaining to principles of psychology practice when appropriate, and with supervisory guidance</li> </ul>	<ul> <li>Provides effective supervised supervision to less advanced students, peers, or other service providers in typical cases appropriate to the service setting with ongoing supervision; incorporating topics of diversity</li> <li>Examples: <ul> <li>Initiates collaborative discussion of the expectations, goals, and tasks of supervision</li> <li>Provides didactic input appropriate to supervisee's emerging competence and learning needs</li> <li>Attends to personal factors, unusual emotional reactivity and countertransference and engaging in management of these to inform the clinical process</li> <li>Initiates discussion about diversity, values, beliefs, biases, interpersonal styles that may affect the supervisory relationship and process</li> <li>Demonstrates knowledge of ICD literature and APA guidelines in supervision practice</li> </ul> </li> </ul>	<ul> <li>Provides effective supervised supervision to less advanced students, peers, or other service providers in typical cases appropriate to the service setting while integrating diversity topics consistently</li> <li>Examples</li> <li>Modifies teaching strategies based on learner's needs unique to health-care settings</li> <li>Helps supervisee develop evidence based treatment plans</li> <li>Directs supervisee to literature that may inform case</li> <li>Provides supervision input according to developmental level of supervisee</li> <li>Uses effective supervision processes (such as role- playing and modeling) to develop the trainee's skills in pediatric psychology applications, evidence based</li> </ul>	<ul> <li>Provides culturally sensitive supervision independently to others in routine and increasingly difficult cases;</li> <li>Examples: <ul> <li>Enhances supervisee reflection on clinical practice and the process of supervision</li> <li>Encourages supervisee to discuss reactions and helps supervisee develop strategies to use reactions in service of clients</li> <li>Demonstrates integration of diversity and multiple identity aspects in conceptualization of supervision process with all participants</li> <li>Demonstrates adaptation of own professional behavior in a culturally sensitive manner as appropriate to the needs of the supervision context and all parties in it</li> </ul> </li> </ul>
literature on individual and cultural differences and engages in respectful interaction that	<ul> <li>guidance</li> <li>Identifies core skills on which to provide feedback to peers</li> <li>Demonstrates ability to provide constructive criticism to peers</li> </ul>	<ul> <li>HSP: establishes relationship conditions with See that promote trust, reliability, predictability, competence, perceived expertise and developmentally appropriate challenge</li> <li>Coordinates with other training professionals to ensure communication</li> </ul>	<ul> <li>applications, evidence based applications</li> <li>Teaches others techniques to efficiently incorporate evidence gathering into clinical workflow</li> </ul>	<ul> <li>all parties in it</li> <li>Effectively mentors other health care providers in leadership, communication skills, and conflict management</li> </ul>

Comments:	reflect that knowledge	<ul> <li>and coordination of goals and expectations</li> <li>Teaches others techniques to efficiently incorporate evidence gathering into clinical workflow</li> <li>Demonstrates sufficient knowledge of psychotherapy to teach and supervise others effectively</li> </ul>	<ul> <li>Supervises treatment planning of other learners and multidisciplinary providers</li> <li>Teaches formulation to advanced learners</li> </ul>	Teaches and supervises other learners in clinical evaluation
Not yet achieved Level 1	Comments:			
		 		Not yet achieved Level 1

SUPERVISION AVERAGE:	
SUPERVISION COMMENTS:	

# Competency IX: Consultation and interprofessional/interdisciplinary skills

Consultation and interprofessional/interdisciplinary skills are reflected in the intentional collaboration of professionals in health service with other individuals or groups to address a problem, seek or share knowledge, or promote effectiveness in professional activities. Demonstrate aptitude applying this knowledge in direct or simulated consultation with individuals and their families, other health care professionals, interprofessional groups, or systems related to health and behavior.

Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates exposure level awareness of psychological consultation	Demonstrates knowledge of the consultant's role and its unique features as distinguished from other professional roles (such as therapist, supervisor, teacher)	Describes the basic consultative framework and various consultative approaches Identifies literature relevant to consultation methods (assessment and intervention) within systems, clients, or settings under supervision Demonstrates respect and knowledge of roles of other professions as they may overlap with psychology (such as psychiatry and social work) under moderate supervision	Identifies literature relevant to consultation methods (assessment and intervention) within systems, clients, or settings independentlyDescribes the basic consultative framework and various consultative approaches with minimal supervisionDemonstrates respect and knowledge of roles of other professions as they may overlap with psychology (such as	Demonstrates role of consultant independently Designs consultation services to meet the referral needs of different populations Independently defines different consultation roles within a team
<ul> <li>Examples:</li> <li>Observes consultation practice in organizational setting</li> <li>Expresses awareness of the difference between the role of a consultant and the role of a therapist</li> </ul>	<ul> <li>Examples:</li> <li>Describes role of the consultant and is able to articulate how this is similar/different from other roles under supervision.</li> <li>Articulates understanding and respect for perspectives of other professions</li> </ul>	<ul> <li>Examples:</li> <li>Recognizes clinical situations in which consultation is appropriate (school, medical, community) in supervision</li> <li>Demonstrates understanding of value of other professions' perspectives, including instances when perspectives may be different than their own</li> <li>Compares and contrasts consultation, clinical, and supervision roles under supervision</li> <li>Articulates different forms of consultation (e.g., mental health, educational, systems, advocacy) under supervision</li> <li>Describes a consultant's role in a hypothetical professional activity</li> </ul>	<ul> <li>psychiatry and social work) with minimal supervision</li> <li>Examples: <ul> <li>Discusses new methods of consultation based on literature</li> <li>Applies new methods of consultation as appropriate to diagnosis</li> <li>Accurately describes consultant's role in a complex hypothetical case where other mental health professionals are involved</li> <li>Discusses with supervisor ways of handling situations where consultants have different views with supervision</li> </ul> </li> </ul>	<ul> <li>Examples:</li> <li>Leads a consultation team</li> <li>Creates new consultation services based on need</li> <li>Sustains a practice or self-assessment and keeping up with relevant changes in consultation methods</li> <li>Independently manages situations where opinions vary between consultants</li> </ul>

## COMPETENCY: CONSULTATION AND INTERPROFESSIONAL/INTERDISCIPLINARY SKILLS ELEMENT: Addressing referral question ITEM: 9B

TIEM: 9B	<b>T</b> 14	<b>X</b> 1A		
Level 1 Demonstrates exposure level awareness of referral questions	Level 2 Able to describe typical referral questions in a hypothetical professional activity	Level 3 Demonstrates understanding of referral question Demonstrates knowledge of and ability to select appropriate means of assessment to answer referral questions with supervision	Level 4 Demonstrates knowledge of and ability to select appropriate and contextually sensitive means of assessment/data gathering that answers consultation referral question	Level 5 Able to shape or suggest referral questions based on concerns of other clinicians/providers, without the benefit of clear referral questions
Examples: • Understands referral question as described by supervisor	Examples: • Describes different referral questions under supervision	<ul> <li>Examples:</li> <li>Describes referral question independently</li> <li>Identifies sources and types of assessment tools with supervision</li> <li>Selects appropriate means of assessment with supervision</li> <li>Implements systematic approach to data collection in a consultative role with supervision</li> </ul>	<ul> <li>Examples:</li> <li>Demonstrates ability to gather information necessary to answer referral question independently</li> <li>Clarifies and refines referral question based on analysis/assessment of question</li> <li>Identifies sources and types of assessment tools independently</li> <li>Selects appropriate means of assessment independently</li> <li>Implements systematic approach to data collection in a consultative role independently</li> </ul>	<ul> <li>Examples:</li> <li>Creates guidelines/protocols for referral questions</li> <li>Assists other providers in creating or shaping referral questions</li> </ul>
Comments:			1	Not yet achieved Level 1

### COMPETENCY: CONSULTATION AND INTERPROFESSIONAL/INTERDISCIPLINARY SKILLS ELEMENT: Communication of consultation findings ITEM: 9C

Level 1	Level 2	Level 3	Level 4	Level 5
No expectation regarding communication of consultation findings.	Able to observe communication of consultation findings and reflect in supervision on the experience	Identifies literature and knowledge about process of informing consultee of assessment findings Applies knowledge to provide effective assessment feedback and to articulate appropriate recommendations with supervision	Applies knowledge to provide effective assessment feedback and to articulate appropriate recommendations with minimal supervision	Applies knowledge to provide effective assessment feedback and to articulate appropriate recommendations independently Develops methods of providing feedback to consultee
	<ul> <li>Examples:</li> <li>Discusses supervisor's verbal/written communication in supervision</li> </ul>	<ul> <li>Examples:</li> <li>Discusses with supervisor process of informing consultee of assessment findings, including discussion of different approaches and processes</li> <li>for providing written and verbal feedback and recommendations to consultee</li> <li>Carries out a mock presentation of findings</li> <li>Informs consultee of assessment findings in written and verbal format with moderate supervision</li> </ul>	<ul> <li>Examples:</li> <li>Prepares clear, useful consultation reports and recommendations to all appropriate parties with minimal supervision</li> <li>Provides verbal feedback to consultee of results and offers appropriate recommendations with minimal supervision</li> </ul>	<ul> <li>Examples:</li> <li>Prepares clear, useful consultation reports and recommendations to all appropriate parties independently</li> <li>Provides verbal feedback to consultee of results and offers appropriate recommendations independently</li> <li>Develops templates for use in consultation</li> <li>Publishes/presents methods of providing consultation</li> <li>Supervises others in communicating consultation findings</li> </ul>
Comments:				Not yet achieved Level 1

#### COMPETENCY: CONSULTATION AND INTERPROFESSIONAL/INTERDISCIPLINARY SKILLS ELEMENT: Application of consultation methods-ability to function as a consultant ITEM: 9D

Level 1	Level 2	Level 3	Level 4	Level 5
No expectation of ability to apply consultation methods	Observes different consultative methods and comments on their application Examples: • Discusses application of different consultative methods for different settings in supervision	<ul> <li>Demonstrates role of consultant with moderate supervision</li> <li>Examples: <ul> <li>Demonstrates ability to identify collaborative methods across systems, clients, or settings</li> <li>Identifies appropriate interventions based on consultation assessment findings with moderate supervision</li> <li>Identifies and implements consultation interventions that meet consultee goals with moderate supervision</li> <li>Accurately matches professional role function to situation with moderate supervision</li> <li>Provides integrated care for patients and families through collaboration with moderate supervision</li> </ul> </li> </ul>	<ul> <li>Demonstrates role of consultant with minimal supervision</li> <li>Determines situations that require different role functions and shifts roles accordingly to meet referral needs</li> <li>Examples: <ul> <li>Identifies and implements consultation interventions based on assessment findings with minimal supervision</li> <li>Identifies and implements consultation interventions that meet consultee goals with minimal supervision</li> <li>Accurately matches professional role function to situation with minimal supervision</li> <li>Provides integrated care for patients and families through collaboration with other professionals with minimal supervision</li> <li>Provides consultation to a variety of community-based systems (e.g., schools, courts), medical professionals, and mental health professionals with minimal supervision</li> </ul> </li> </ul>	<ul> <li>Provides consultation to organizations to improve the health care team and patient safety independently</li> <li>Examples: <ul> <li>Provides integrated care for patients and families through collaboration with other professionals independently</li> <li>Provides consultation to a variety of community- based systems (e.g., schools, courts), medical professionals, and mental health professionals independently</li> <li>Supervises junior learners in providing consultation to other systems</li> </ul> </li> </ul>

Not yet achieved Level 1

CONSULTATION AND INTERPROFESSIONAL/INTERDISCIPLINARY SKILLS AVERAGE: \_\_\_\_\_

CONSULTATION AND INTERPROFESSIONAL/INTERDISCIPLINARY SKILLS COMMENTS: