

Swab Collection Instructions

PRECISION DIAGNOSTICS LABORATORY



Children's Hospital Colorado
Here, it's different.™

SWAB COLLECTION INSTRUCTIONS



**BEFORE YOU BEGIN YOUR SAMPLE
COLLECTION, PLEASE READ ALL
INSTRUCTIONS TO BE SURE YOU
UNDERSTAND THE PROCESS.
THIS WILL ENSURE AN ACCURATE
COLLECTION.**

Watch the video to learn how to collect your samples.



Scan the QR code or visit:

youtube.com/watch?v=v52ae3cpeyU



Open the iPhone camera or QR code reader.



Hover over the code to scan it.



Click on the prompt to visit the video website.



IMPORTANT

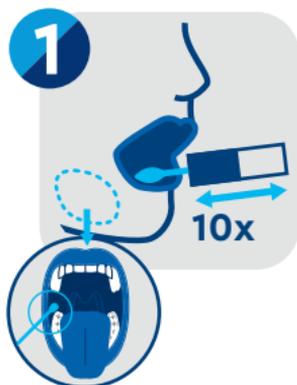
DO NOT eat or drink for 30 minutes prior to collecting the samples.

- This includes gum, chewing tobacco, smoking, mints, lozenges or other hard candies.

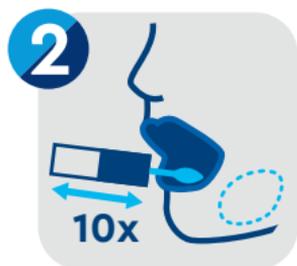
DO NOT brush teeth your prior to collection.



SWAB COLLECTION INSTRUCTIONS



Remove the swab without touching the sponge tip. Place the sponge on the **upper left side** of the mouth (on the inside of the left cheek) in the space where the upper gums meet the cheek. Scrape along this area in a back and forth motion at least 10 times. **Do not rub the teeth.**



Repeat the scraping motion in the middle and lower sides of the left cheek. **Do not rub the teeth.**



Hold the tube upright to avoid spilling the liquid inside the tube.

4



Turn the cap upside down. Put the sponge into the tube and close the cap tightly.

5



Turn over the capped tube and quickly shake it 10 times.

6

Repeat steps 1-5 using the second swab on the right cheek.

7

Label the swabs using the provided labels.

Make sure to include:

- Date and time the sample was collected
- Full name
- Date of birth
- If it is a family member sample, you must include the relationship to patient (mother, father, sibling).
- **All tubes must be labeled.**

Package return assembly

1



After the sample is collected, place both labeled swabs in the supplied biohazard bag and seal the bag. Place the completed form in the front sleeve of the biohazard bag.

2



Roll the biohazard bag with the form and samples inside like a burrito. This is the best way to fit more than one sample into one return box.

3



Place biohazard bag(s) inside sample box.

STOP: Make sure all samples are labeled with name, date and time, and the form is filled out.

4



Place sample box inside FedEx UN3373 Clinical Pak.

Package return locations

Return by FedEx *(free of charge)*

- Drop off at a local FedEx location or drop box
- Call FedEx customer service at 1-800-463-3339 and say "ground return pickup" to schedule a pickup.

Return to a CHCO Outpatient Lab Location

ANSCHUTZ MEDICAL CAMPUS, AURORA

13123 East 16th Avenue, Aurora, CO 80045

- Monday-Friday: 7 a.m. to 5:30 p.m.
- Saturday: 8 a.m. - 12 p.m.
- Sunday: Closed

CHILDREN'S COLORADO HEALTH PAVILION

860 North Potomac Circle, Aurora, CO 80011

- Monday-Friday: 9:30 a.m. - 5:30 p.m.
- Saturday and Sunday: Closed

SOUTH CAMPUS, HIGHLANDS RANCH

1811 Plaza Drive, Highlands Ranch, CO 80129

- Monday-Friday: 7 a.m. - 5:30 p.m.
- Saturday and Sunday: Closed

NORTH CAMPUS, BROOMFIELD

469 State Highway 7 Broomfield, CO 80023

- Monday-Friday: 7 a.m. - 5:30 p.m.
- Saturday and Sunday: Closed

OUTPATIENT CARE AT BRIARGATE

4125 Briargate Parkway, Colorado Springs, CO 80920

- Monday-Friday: 8 a.m. - 5 p.m.
- Saturday and Sunday: Closed

Questions?



Contact Lab Client Services at 720-777-6711



Children's Hospital Colorado

PDL 114 Buccal Swab Kit Ordering, Assembly Shipping and Receiving

ATT 2 Swab Collection Instructions

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