

# Referral Guidelines

## First Unprovoked Seizure

### Referring provider's initial evaluation and management can include:

- An awake and asleep EEG should be obtained after a first unprovoked afebrile seizure. Prefer EEG obtained at Children's Colorado.
- Neuroimaging is sometimes indicated after a first unprovoked seizure. MRI of the brain is the preferred neuroimaging study. Prefer MRI obtained at Children's Colorado.

### When to initiate referral:

- After second event.
- If initial EEG is abnormal.
- Seizure with partial onset or focal features during or after the seizure.
- Abnormal neuroimaging with clinical correlation.
- Abnormal neurological exam.

### What records can referring provider send?

- Awake and asleep EEG (send on optical media if study not performed at Children's Colorado).
- Send all relevant medical records and copies of all the official reports of ancillary studies and all brain imaging studies on optical media.
- A home video and calendar or log of seizures/spells are helpful.

### Children's Colorado's workup will likely include:

- Evaluation by a neurologist, pediatric neurology nurse practitioner or physician assistant.
- If an EEG has not been performed, the provider will determine the need for an EEG.
- May include neuroimaging, lab tests or recommendation for referral to other clinics as appropriate.

### Who to refer to:

- Patients with first-time unprovoked seizures can be seen by any of our general pediatric neurologists.
- Patients with first-time afebrile seizures that are greater than two years of age and have no other complicated chronic illnesses may be seen by one of our pediatric neurology nurse practitioners or physician assistants.
- **Please call 720-777-6895 to make an appointment.**
- Our neurology staff practice throughout the Denver metro area and appointments are available at our St. Joseph's, Parker, Broomfield, Littleton and Wheat Ridge locations.

### Want to provide information to your patients and families?

Tell them to visit [childrenscolorado.org/Neuro](http://childrenscolorado.org/Neuro)

## Contact the Neurology Department

A Children's Hospital Colorado Pediatric Neurologist is available at all times for consultation and can be reached through OneCall at 720-777-3999 or toll free at 800-525-4871 or by calling the Neurology department directly at 720-777-6895, option 2.

For more information or to schedule an appointment, please call 720-777-6895.

Medical Records: Medical records needed for upcoming appointments in Neurology can be faxed to 720-777-7197.

