

# URINE CLEAN CATCH COLLECTION PROCEDURE

## Supplies Provided

- **Towelette packet** (for cleansing genital area, may also use gentle soap)
- **Sterile plastic container** (for storage & transport of urine sample)
- **Biohazard bag** (to put urine container in for transport)
- **Specimen collection hat** (if needed - used to collect urine, place underneath the toilet seat with the rounded part facing the front of the toilet bowl)

## HOW TO COLLECT THE URINE

1. Wash your hands before and after procedure.
2. With the supplied towelette or a gentle bath soap, wash the genital area
  - a. Female: skinfold/labia continuously spread
  - b. Male uncircumcised: pull the foreskin back
3. Throw the towlette away after using.
4. Have the patient begin urinating (skinfold/labia still spread) passing the first portion into the collection hat or toilet.
5. Collect the mid portion into the sterile plastic container without contaminating the container.
  - a. Collect the specimen even if the patient is unable to stop/start urinating.
  - b. If collecting in a collection hat, carefully pour the urine specimen into the sterile plastic container that is provided.
6. Make sure lid is on securely.

**Labeling the container:** 1. Label the urine container with the following:

- Patient's first and last name,
- MR# or date of birth,
- Date/time of collection

2. Place container in biohazard bag and seal.

**Immediate Transport:** Transport immediately to the lab - must be tested within 1 hour of collection

**Delayed Transport:** Refrigerate and transport refrigerated ASAP to the lab - must be tested within 24 hours of collection

